



FLOWER, MUSHROOM & NEW TIME ESSENCES

ALTERNANTHERA – Papegaaieblad - *Alternanthera dentata*

Alternanthera essence helps you to find balance in your feelings, and not be afraid to express them. For not letting yourself be disturbed by other people or other issues but keeping your own counsel. To do the work you believe in and bring your Higher Truth into reality, to work with it and to expand it. Not thinking timidly, but giving full expression to what is. To love the earth and the deepest core of your own being in the deepest way.

ANGELICA - Engelwortel - *Angelica archangelica*

Angelica essence provides protection from the spiritual worlds and the help of loving forces from on high, "angelic protection" especially when one crosses the threshold to the "other side", for example in situations such as death, dreams, meditation or birth. Favours a more spiritual development of the consciousness and strengthens the ability to experience loving spiritual forces in your life and work. It encourages growth and protects the consciousness and increases trust in the leadership of the Higher Self when confronted with unknown areas - a "Godly" trust with a good earth-bound feeling without doubting your personal Wisdom.

ANIMAL FREEDOM – Animal Freedom

The Animal Freedom essence helps to free the soul of the animal. It releases the animal from the problems and sufferings it has taken over from its owner. Animal Freedom also releases the animal from the problems and suffering inflicted on it by humans, both in a conscious and in a subconscious way. Many of the animal's problems are related to their owner's tensions and stress. This combination gives the animal the feeling of freedom, making it feel calm and at ease. It connects the animal to its original strength and being, so that it can live out the original purpose of its life. It has given good results in cases with epilepsy.

BORAGE - Komkommerkruid - *Borago officinalis*

Borage essence strengthens the heart in difficult circumstances and brings gladness and joy. Not letting yourself be blocked by difficulties, persevering courageously, not losing heart despite adversity. When one loses faith, Borage brings back joyfulness and strength to the heart. For handling things with the heart rather than the head. Borage has proved effective for those trying for a pregnancy, helping to connect with the soul of the child.

CALIFORNIA POPPY - Slaapmutsje - *Eschscholzia Californica*

The California Poppy essence helps you trust in your own feelings, and listen to your own heart. California Poppy is calming, and gives the insight that you no longer need to look to the outside world to find what is important, but can find it in your inner world. It brings the restfulness and peace of inner knowing. Not looking for the superficial gold of fame and glory, but digging deep for the gold of inner wisdom. It gives you new insights and helps you integrate these new insights into your heart. It helps you to let go of worries associated with the outer world, establishing a balance with the importance of the inner. It also brings a balance between light and darkness, fostering a spirituality of the energy of mother earth. Good for people who are too busy with the outside world, like ADHD.

CELL PHONE COMBINATION - G.S.M. Combinatie

A combination remedy, Cell Phone essence's purpose is to protect against the radiation of cell-phones. You can hold the essence near to the phone when you are using it. You can also put a little bit of the essence on the head in the area where you hold the phone. When you already have a headache because of too much use of the cell-phone, you can put a drop of this combination on the painful spot several times. It is also good for when you are hyper-sensitive to electricity.

CLEMATIS - Bosrank - *Clematis vitalba*

Clematis essence is not only for awakening but gives a clearer picture of your actions. Clarifying the thought processes, it improves our capacity for thought and helps us to obtain a more conscious insight into the handling of our affairs. Gives more insight, an overview of the cause and effect process and more clarity to the unconscious. Working in and for the Light. Manifesting this Light in the world around you.

COPRINUS AURICOMUS - Kastanje inktzwam - *Coprinus auricomus*

The Corpinus Auricomus Mushroom essence is for handling things from the strong source of your original being; returning to your own structure. Persevering in spite of blockages and the feeling that you cannot go further. Opening your heart and getting you already moving towards your future. Strengthening your feminine qualities. Moving on, being open to your future. Gives strength and space to the physical body. Makes room for the new and transformation.

4 ELEMENTS - 4 Elementen Combinatie

The 4 Elements essence allows you to be open and warm towards others, while remaining yourself. The contact with your soul and the purpose of your soul become clearer. It helps to release what is hindering your evolution. For remaining aware of your own power and accepting others as they are.

Gives you a feeling of freedom, joy and openness, because you act with more power and more assurance, letting you take over your own space, letting you heal and nurture it from your Higher Self.

EVENING PRIMROSE - Teunisbloem - *Oenothera lamarckiana*

This Evening Primrose flowers at night. While the Red Poppy brings the power of the sun into the feminine qualities, the Evening Primrose essence strengthens the creative forces of the moon. It helps us to (re)discover and connect with the source of self-confidence and the inner worth of the feminine. It brings insight into old patterns of incest, rape and problems in the area of sexuality, giving support and help for discussing such problems, and bringing everything out into the open. It is also good to use when you are dominated by a boss or an elder and it supports men and woman by reinforcing their self-confidence.

FIELD SCABIOUS - Beemdkroon - *Knautia arvensis*

Field Scabious essence grounds and supports, especially when you have the feeling not to belong. Quiets the thinking and purifies unnecessary thoughts through the earth. Positive thinking. Helps us to handle things better, to be more perceptive and open to others and the environment. Connects us to the higher, serene, spheres and be able to reflect them back out and into the surroundings so the support and warmth of others can be received. Very good for purifying the aura. Putting two drops of the remedy in the palms of your hands and holding them within the aura purifies it and dispels even the most ancient and tenacious memories. It is good to begin a session with clients in this way.

FOXGLOVE - Vingerhoedskruid - *Digitalis purpurea*

Foxglove essence eases the mental processes so you are able to contact your heart. Helps you to let go of thinking structures and patterns of how we think we should behave. This especially concerns old believes and helps to modify behavioral patterns. Helps you in being more playful in life. Gives joy and pleasure to sexuality and life in general. Foxglove opens you, step by step, to higher realms beyond thinking, so you are able to use other sources of information, for instance dreams. Often these problems or difficulties have their roots in the heart or the emotional world.

GIANT STROPHARIA - Reuzenstropharia - *Stropharia rugoso-annulata*

Giant Stropharia Mushroom essence gives new insight into the things you are doing. Instead of fixing your eyes on the difficulties in life and the things you do, the Giant Stropharia helps you to direct your attention to pleasure and fun. It helps you take direct action, especially when you have been sitting around far too long, thinking about what to do. Handling things from the heart and doing things for the fun of it and not because you feel you must, or that it is expected of you. Giant Stropharia connects you to the earth, releasing energies and tensions, which are stuck behind your eyes, back into the ground.

GOLDENROD - Guldenroede - *Solidago officinalis*

The keywords of Goldenrod essence are individuality and the other, especially in a group, when you feel locked up, and cannot open yourself to the other. When you are unable to let go of your personal ego, and cannot direct your attention to the higher qualities, putting your interest too much in your personal achievements, and feeling over-dependent on others. Goldenrod gives you self-trust and self-confidence. Allowing you to open your being with love towards your environment, so your being can give itself with enthusiasm, a sense of abundance and co-operation.

GREATER CELANDINE - Stinkende Gouwe - *Chelidonium május*

Greater Celandine essence is for men and woman alike. Combining the right and left hemispheres of the brain, the masculine and feminine; excessive emotionality is purified and grounded. Improves relationships, especially when a wall has gone up between people. Helps through thought and reflection to purify your feeling life, with the result that the purity of your being becomes the basis of your existence. Eliminates emotional poisons, getting rid of anything that you no longer need. Acceptance of your innermost self, removing feelings of inferiority.

GROUND ELDER - Zevenblad - *Aegopodium podagraria*

When you seem unable to develop further, Ground Elder helps by manifesting your growth. This is because you are able to make a better connection with your true self. Or, when you are over occupied with self-development, Ground Elder helps you to let go and opens you to the higher qualities of your being. You no longer need to fight all the time with your environment. Ground Elder is helpful when you have difficulty in assimilating everything that you meet. Ground Elder gives integration and co-operation with the environment through the expression of the heart, coming from the higher self.

GROUND IVY - Hondsdraf - *Glechóma hederácea*

Ground Ivy essence clears away old emotions you didn't understand, Ground Ivy makes you aware of and transforms behaviour patterns. For abundance, strength and expansion, it helps with personal development and finer attunement, bringing out the finer qualities of your being. Trusting in your own being, wherever you might be. Helpful in healing work, it is good to keep a bottle beside you, and when you meet with a painful or emotional disturbance, to give it a shake and use Ground Ivy energy to "hook on to" the emotion and pull the emotion or problem out of the body, as if pulling a piece of string out of the body.

IMPATIENS - Reuzenbalsemien - *Impatiens glandulifera*

Impatiens essence brings patience and calmness; understanding; knowing that all life continues in its own unique time; Development of your own deepest true timing; becoming aware of disturbances caused by others; helping to express yourself clearly towards others. To adapt easily to others without expressing irritation and annoyance; wanting to grow too fast; being drawn too easily out of your own life's timing by the influence of others, not expressing this and getting annoyed. Impatiens is also very helpful in cases of skin problems. In these cases, Impatiens can be used directly from the stock bottle.

INTEGRATION COMBINATION - Integratie Remedie

A remedy for integration, protection and the resolution of old emotions which have not been integrated. Whenever, at a given moment of your life, you lost hold of your life and the situation in the end was never really worked through. The Integration combination essence helps you to let go of the old and gives insight into how the problem came about. This can be related to past relationships, but also to past misfortunes and abuse. In all situations in which you have been hurt and offended and you have lost control over your life, even sometimes just for a moment.

LITTLE INKY CAP - Kleine Viltinktzwam - *Coprinus xanthotrix*

When feeling vulnerable Little Inky Cap Mushroom essence will bring emotional strength and give universal trust. Helps you rise above emotions and promotes the letting-go of old anger and emotions quickly and easily. When others try to push you around, or to get the better of you, Little Inky Cap helps you to remain strong and gives the ability to stand up, without hesitating, for your own viewpoints and feelings.

LIVING STAR LIGHT - Living Star Light

The Living Star Light Essence connects you with your natural earth being and with the stars. The essence gives trust, relaxation and releases you from everything that is not part of your being. First the essence helps you to find the wholeness of your being on earth and then it deepens the connection of your being with the earth and with the cosmic energies.

LOVE - Liefde

The Love Combination essence helps to awaken Love for yourself, others and the earth. First it strengthens your connection with the earth and then opens your heart for the care and Love of your own being. As a result you are in the condition to give this Love to others, without denying your own needs. Giving love with pleasure from out the source of your own self. A powerful catalyst which connects you to your Angel of Love.

MONEY PLANT - Judaspenning - *Lunaria annua*

Money Plant essence is for those who find material, earthly business more important than unity with their own Being, the Universe and Nature. Lack of balance in connection with spiritual development through too much striving after worldly possessions and power. Because of this, one becomes unable to make contact with his/her own source - retarding spiritual development and creating, as a result, a state of emptiness in the subconscious. This emptiness is filled up again by activities that seem to be forced on you from the outside but which are, in actual fact, drawn to you by yourself. You feel you "have to" do so many things. When you feel you don't get enough, it gives faith in the abundance of the universe. Also good for jealous children.

MOTHERWORT - Hartgespan - *Leonurus cardiaca*

The Motherwort Flower essence works on family patterns. It is for those who don't feel at home in their family and on earth and easily feel under attack. When it has not been possible to receive the warmth and love of the family and as a result you become hardened, rigid and feel like a stranger on the earth. Just like the Motherwort plant you become prickly and start reacting negatively to those around you. The Motherwort essence also works on and resolves old family problems, especially when they are related to issues of love and support. When you are stiff and starchy, it helps you to loosen up, transforming what has become over-structured and over-organized. It is particularly good for letting go of the fear of being hurt.

4 MUSHROOMS COMBINATION – 4 Paddenstoelen Combinatie

The 4 Mushroom Combination essence is for being able to express yourself in the most powerful way, for your manifestation. This combination helps you to release old compromises you have made adjusting to others and removes the messes or confusion you have taken on from them. It gives you the faith and the courage to let go, which is why you can break through old layers and patterns that would otherwise cause a blockage.

MYCENA - Mycena - *Mycena polygramma*

Mycena Mushroom essence is a good cleanser for deep, unresolved emotions. Improves your connection with the earth. Being able to carry on in difficult situations and uncertainties, especially when everything around you seems to be in ruins. At the same time, it has a purifying action and restoring effect on the aura. In nature, mushrooms help in the breaking down of hard elements that are difficult to "digest".

ORCHID - Rode Bosvogeltje - Red Helleborine - *Cephalanthera rubra*

The message of this Orchid essence is unity of being in all circumstances. It gives inner certainty, not letting yourself be pushed aside by people or circumstances but following your own path in purity. Lets the unique person that you are, be seen in the outside world. Opens you to "higher" energies. Can be helpful for healers especially when there is a problem with the energy. Gives more power for the healing of others and lets this force stream out of the Higher Self into the world. Helps you to be a bearer of the Light.

PEPPERMINT - Pepermunt - *Mentha piperita*

Peppermint essence helps you to digest everything that is difficult, especially what is happening in this moment in your life and in the world. It helps you deal with deep emotions and problems which you see in the world around you, all the things that come your way and which you cannot get out of your mind. Peppermint essence also gives you insight into the behaviour patterns, and structures you have been holding on to since the time you were born. It might even be that you are no longer aware of these patterns and structures. Peppermint gives the insight that these are a part of you and that they can be blocking the development and growth of your highest good.

PROTECTION - Bescherming

Protection essence is a good combination providing protection. It calms and brings you to the deepest centre of your being in times of tension caused by the influence of the outer world. Surrounds and protects with a mantle of light and strengthens the aura. An important essence when you are attacked by voodoo, negative energies or when people are trying to absorb your energies. Strengthens your own self-protection.

PURITY - Zuivering

Purity essence was first used as a combination remedy for headaches. It purifies your soul and your body and connects you to the earth. It makes you feel fit better in your body, and connects you to the original purity of your soul, your origin. Also helps clearing unnecessary emotions and strengthens your self-confidence.

PURPLE FLOWER - Purple Flower - Lark Daisy - *Centratherum punctatum*

The Purple Flower/Lark Daisy essence brings lightness to energies around the head and allows the mind to relax. Awareness in healing. To reflect the light of our being into the different kingdoms (animal, mineral, plant and human); opening up to the power of nature; insight into and becoming aware of our environment with regard to the different kingdoms.

RAINBOW - Regenboog

Rainbow essence is a bridge between Heaven and Earth. This combination essence is for personal development, and is made from the flowers of Borage, Impatiens, Moneyplant, Red Henbit and Red Poppy. This Rainbow essence brings creativity, development and opens for the new and helps releasing the old. While the flower essence "Terra" helps us make the vertical connection to the earth, the Rainbow essence also works horizontally; it brings expansion and new impulses; stimulates new activities; opens all chakras and helps break barriers that block our development; brings awareness to the process of development.

RED HENBIT - Paarse Dovenetel - *Lamium purpureum*

Red Henbit essence helps to create strong earthly bonds and joy in physical activity. It gives clarity in chaotic activity; stimulating you to tidy up and put everything in order - very useful when you are moving house. Purifies one's energies providing a strong flow of earthy life force through the body, soul and spirit, flushing away confrontational situations. Red Henbit can also be applied topically for blockages in the wrists and other joints. A positive catalyst which promotes love for your environment and a joyful life.

RED POPPY – Klaproos - Corn Poppy - *Papaver rhoeas*

Red Poppy essence strengthens the inner woman, a warming and empowering essence for those who feel vulnerable without having the power to transform their vulnerabilities. Gives the power to work with your vulnerabilities. Strengthens the link with the feminine force and the earth. Increases the inner quality of love. Balance sexuality in men and women; helpful also for men and children, especially when they cannot sleep after a busy day.

RUE - Wijnruit - *Ruta graveolens*

Rue essence provides spiritual protection, especially in the psychic realms. Gives protection and insight when somebody is trying to absorb your energies, by spiritual influence or interference, especially in the area of the crown chakra and the line of connection with the higher self. Gives insights into old deep-hidden fears. Gives more strength to act out of the feeling world. If you are over precise, this essence helps you to see things with more ease.

SENSITIVE WEED – Kruidje Roer Me Niet - *Mimosa pudica*

The Sensitive Weed essence helps you in choosing your path, full of certainty, and not letting yourself be drawn off course. When others come too close and you no longer have enough room. When you are over sensitive, especially when others get too near for you. Pursuing your self-development under all circumstances. Feeling yourself protected and supported by your environment and able to accept this support and love. Sensitive Weed has given good results with clients with high or low blood pressure.

SMOOTH HAWKSBEARD - Klein Streepzaad - *Crépis capilláris*

Smooth Hawksbeard essence helps to bring balance between action and repose; opens you up to new energy and vitality, gives suppleness to stiff, rigid structures, helps you to be at one with yourself, to feel at ease and at home with others, thus helping you to clear up emotional "stuff" related to relationships in the home, from your childhood right up to those of today. Helps in recharging energy and in the giving of Love and warmth.

SNEEZEWORT - Wilde Bertram - *Achillea ptarmica*

Sneezewort essence provides protection on the spiritual path you follow, when you aspire after pure standards and values but have been unable to actualize them. Helps you to stand on your own two feet and to give expression to your own clear thoughts and visions, without having to lean on others. Sneezewort gives self-confidence. Helps to make you aware of what is good and what is not so concerning help from others (e.g. from spiritual guides). The essence has given good results in cases with sneezing problems, due to cat and dog dust/hairs.

SNOWDROP - Sneeuwkllokje - *Galanthus nivalis*

Snowdrop essence helps to release of deep pain, tears and old traumas, that have been stored up for a long time. Especially when these originate from the handing in of your own heart and you did not stand up for yourself and your feelings. When you have done everything for others and have forgotten yourself. When you do everything the way others say while you know that it should be done differently. To recover your own beauty and importance. To do things you like to do; to feel free. Brings a stronger trust, deep down in the depths of your being. Joyful and refreshing after the long and dark emotional winter.

THE SPIRITUAL PATH - Het Spirituele Pad

The Spiritual Path essence is for helping you find your spiritual direction. For when you have made choices in the past that were not made from a spiritual motivation and when you have made the material world and material things the most important in your life. This combination starts to change the choices you have made in the past and gives you the insight that there is no material world without a spiritual world.

STAR OF BETHLEHEM - Vogelmelk - *Ornithogalum umbellatum*

The Star of Bethlehem essence helps you to remain undisturbed by influences coming from your surroundings and reconnects you with your universal being. It starts by helping you clear away anything you have assimilated, especially what you have drawn to yourself that is not essential for your being: to clear away what is blocking your own unique flowering and the connection with your Higher Self. Anything you have allowed in and is not a part of your original being, but has accumulated throughout your life. It is a truly universal flower essence which makes you believe in your own beauty.

STROPHARIA AURANTIACA - Oranjerode Stropharia - Redlead Roundhead - *Stropharia aurantiaca*

Stropharia Aurantiaca Mushroom essence has to do with sadness connected to the feeling of not belonging on earth, with the result that you have been unable to manifest the fire/strength of your Higher Self. For being happy and contented, having few needs, being contented and having confidence in the universe. For becoming aware of why you do not feel happy on earth, being aware of the cause of your vulnerability and being able to let go of it through trust. Helps with the clearing of emotions originating in past sorrow, from failed relationships and failed actions to more recent provocations. Taking life as it comes, having the insight of how to handle things so that don't fall into the same old behaviour pattern. Many client cases reports good results in clearing up dizzy spells, like Ménière's disease.

SUNFLOWER - Zonnebloem - *Helianthus tuberosus*

This perennial Sunflower essence works on the father principle, both in men and women. The essence helps you stand up for yourself, restores the connection with the father archetype and helps you to release old father-related problems. It strengthens the solar plexus and helps you to find your own power. Helps you with the manifestation of your dreams. Gives strength, vitality and energy. Gives you decisiveness and the ability to take action. Good by a dominating father or mother and/or an absent father or mother.

TANSY - Boerenwormkruid - *Tanacetum vulgare*

When someone is always in doubt and cannot make decisions, Tansy essence helps to take direct action and gives insight into the process that if you are not making decisions nothing will happen. When you are caught up in a web of hesitation, Tansy will give you trust and help to connect you with your higher self. Strengthens the heart and gives insight into the deepest core of doubts on all levels of your being.

TERRA - An Emergency Combination

Terra Combination essence is well suited as a first aid remedy for all different kinds of complaints. First it clears blockages and then helps with the recovery process. Brings peace and calm in tense situations. Terra opens the solar plexus and gives strength in difficult circumstances. A good essence for exams, journeys, work or relation stress, illness, grief and burn-out. Also good for plant and animals. In extreme situations it is the best to take two drops straight from the stock bottle under the tongue and/or to hold the remedy bottle during prolonged periods of tension.

TERRA EXTRA - An Emergency Combination

Terra Extra, an emergency combination essence, is for when you have used the normal Terra for a longer period than usual or when the stress and tension are due to old, deep-rooted or very high tension. Terra Extra gives you a stronger connection with your soul and works harder to develop the feminine, and a deeper more refined connection with the earth. Terra Extra draws you out of your head and brings you back into the here and now, so you remain present to yourself and release your emotions. It gives an extra strong connection with the earth and in consequence helps you to stay in close connection with your soul.

TRUMPET VINE - Trompetklimmer - *Campsis radicans*

When communication problems need solving, the Trumpet Vine essence breaks through the communication barriers in a gentle way, helping you to express your deeper emotions, without being in conflict with yourself. Whenever a thick wall has been set up around somebody, the Trumpet vine helps you to break this down in a very smooth and gentle way, because it first helps you to break down your own inner wall. You start doing what you really like to do, instead of what you have been conditioned to think you should be doing and how you should do it. It has given good results with people who stutter.

YELLOW STAR TULIP - Yellow Star Tulip - *Calochortus monophyllus*

The Yellow Star Tulip essence helps sensitive people who are no longer sure of where they are going. It helps us not to hide our sensitivity but to make use of it. It is also a precious help for bringing into being what our heart tells us and to start on projects that have been signaled inwardly for some time but that have remained hidden deep within. Yellow Star Tulip gives a clearer picture of how our own feelings are put together. It gives us trust in all changes and stimulates us to act. Our inner life qualities are brought to the surface and find their outward expression both in developing the Self and in helping others.

NEW TIMES ESSENCE

ANGEL & LEMURIAN PORTAL - Engel en Lemurische Poort

The Angel & Lemurian Portal essence goes to the origin of who you are, beyond the limiting codes that keep you in old structures. Transformation takes place because you open up to the source of Higher knowledge. When you have the feeling that you can't go on and are running around in circles, when you can't take the next step this essence opens your connection with the angelic world and aligns you with the wisdom and knowledge of Lemuria. This essence also transforms the old grief that blocks the step to the new. It strengthens your connection with your angel, guidance or higher self, so you can clearly follow your path.

ANGEL PORTAL - Engelpoort

The Angel Portal essence helps you with the integration of the old patterns from yourself, your family and the earth, especially the patterns that stopped you to manifest in this life. You can extrapolate this pattern to the young soul, that couldn't come to full bloom as well. This essence helps you to acknowledge and release the old and integrate the new, so that that you can move to a next level of consciousness. This is like a birth canal for the new times. You can go into the new with the protection of the light and the love of the universe, you can integrate safety and stability in the body, the earth, and so a next step to a deeper level of healing of the body/the earth can take place.

CELL-ENERGY - Cel-energie

The Cell-energy essence reconnects the cells again with their original structure. It brings you back to the original frequency of the cell and it brings the inner cell of human/animal in harmony again with their original task on earth, without having to clear all the old emotions. This essence is like a spiritual bypass. Start doing what fits you, helps to solve blockages, brings you into your power. Beyond everything, back to the source and from there you charge yourself again and start finding your own way.

CHILDREN'S VORTEX - Kinder Vortex

The Children's Vortex is an especially powerful and important essence both for children and adults. The children vortex clears all trauma, pain and grief from your childhood. This can be a trauma from being beaten up, but also because you were not allowed to play outside and only had to work, you had feelings that you were imprisoned in your duties. It integrates the qualities that obstruct the evolution of the (child) soul. Be who you are, beyond all restrictions. You are what you allow yourself to be. Opens your heart for the evolution of love and the realization of all your universal qualities form Light and Love and with an awakened consciousness in the here and now. Gives the star child both security and protection from the angelic world and connects it with higher original strength.

CORNCOCKLE - Bolderik - *Agrostemma githago*

Corncockle essence brings clarity and encourages you to follow the direction of your heart. It helps you to assimilate unknown chaotic emotions. Let's you make a vision quest to your center, passing by all disturbing influences. Supports you to stand strong for yourself and don't give in. It gives the insight that if you want to move on, the growth and development of the consciousness is necessary. Helps you to release feelings of revenge and opens you for the higher consciousness of forgiving and love. There is one certainty and that is that you are a child of God (the universe). When you have lost faith in your life, in the world, in humanity, Corncockle brings you back to a state of purity.

DIVINE ANGEL - Divine Angel

The Divine Angel essence gives high insight into unsolved and forgotten patterns from the past, brings wholeness and strengthens your self-esteem. Through this releasing and cleaning the road to the Source is healed and your Higher Self can express itself completely. The essence gives relief on a universal level and deepens the connection with the angelic world. A real and deep manifestation of the soul can take place, because you are better connected with the spiritual world, higher guidance and your own intuition. When someone is still caught in pain, stress, grief or other unbalances, this essence deals with the release of these problems by reinforcing your own light. Be a lantern bearer for the new times. Let go of the dark nights of the soul back through many generations. The light of Lemuria leads the way for the evolution on earth. The healing of mankind through the conscious connection with the 4th dimension. Be a healer for the lost people, a healer for the lost women, a healer for the lost children. The love from the land of Lemuria as a tool for healing the pain on earth.

DIVINE HEART - Divine Heart

Divine Heart essence supports cooperation as the next step in consciousness, in which you can learn that the original creation consists of love. That you are connected to everything and everyone and feel no obligations to anything. Exist, because you feel part of the whole. This way there is a trust in the deepest parts of your soul. Being able to feel that your heart is the center of the universe; for integration with others and all other dimensions of consciousness. Go beyond the struggle in harmonious cooperation, by integrating all loose, stuck and blocking structures.

DIVINE LIGHT - Divine light

Divine Light essence is a combination of the Divine Angel, the Divine Heart and the Divine Love essences. Helps you see the difficulties of this time and to meet the challenges you face in your life. Opens your crown chakra and enhances the flow of universal light into the higher chakras. It fills your aura and strengthens the outer edges with light. It clarifies and awakens and gives insight into your path. Staying in the here and now without being overwhelmed with emotions and releasing the past without pain. For releasing tension and stress that arises when the development of your consciousness is blocked. To feel free in your actions and manifestation.

DIVINE LOVE - Divine love

Divine Love essence helps to integrate the old and new higher knowledge and strengthens your universal love. Understanding your soul's old patterns and the manifestation of the love for yourself and your environment from a deeper level. Growth, development and manifestation as key words of your existence. She takes care of your shadow side, acceptance and helps release the negativity in yourself. Feeling connected with the human spiritual family and feeling that the earth is your home. Be open to the other, so that the other can be seen as a reflection of yourself. Live in light and love and know that you are present, having a choice to live your life as pure as can be without making any adjustments.

EARTH CREATION - Aarde creatie

Earth Creation essence gives peace and faith to be, without struggle, to stand in your power without pain and to give you deep roots to complete your incarnation on earth. She brings humans to a new level of understanding. A cycle of healing of the human race that begins with a true expression of love, the opening of the heart and the search for real healing in yourself. Earth Creation helps you to release what is not important for the fulfilling of the unique roll of man in the universe and lets you descend to the earth to a level of totality, to go back from there to the level of the angels, to be healed after a long search for the original source.

EARTH PROTECTION - Aarde Bescherming

Earth-Protection essence is made, among others, from Smokey quartz, Himalaya quartz, Emerald, Tourmaline, Labradorite, Malachite, Garnet and the flower essence of Motherwort. Earth Protection helps to protect against the physical, emotional, mental and spiritual attacks on the energy of a person. Especially the kind of draining that consists of "low" earthly energy. The flower essence Protection works from the spiritual and higher consciousness attacks, the area of the crown and higher. But the Earth Protection essence strengthens the green protection and the green energy of the earth, whereby everything someone tries to do to you is reflected and you are assimilated in the protective energy of the earth.

EARTH VORTEX WITH WHITE ANGEL - Aarde Vortex met Witte Engel

The Earth Vortex with White Angel essence, is for strengthening the connection with the earth and yourself. This essence is not only helping you to make a deep connection with the earth, but also takes care of the processing and clearing of the shadow sides from past lives, that are not worked through properly and therefore cause problems in this life. It is these shadow sides that block your manifestation and growth. It strengthens your inner light, gives protection and make you stand up for yourself. It gives you the strength to remove the oldest problems that are still present at soul level. When a manifestation of the soul is not finished off, the old problems stay behind in the consciousness and lead their own life. They can roam in your consciousness for ages and are finally manifested as a crisis. (for example: a psychosis, a divorce, a conflict or a serious disease). This crisis mostly takes place at the end of a period of transformations, the problem forces you to make a major change, there is no room for delay any more. The essence also gives you the awareness that you don't have to fight the evil, but that you can release it and that this is the moment to stand in your power.

PEAR - Peer - *Pyrus communis hybride*

The Pear Blossom essence gives balance and takes care that you stay close to yourself. It strengthens your inner power and security. It gives you trust in your inner world and therefore you can release the things in the outside world, you put too much trust in. The pear also gives you the insight that the way you think about persons and situations, doesn't always have to be true. You can also take the pear during pregnancy, when you get out of balance because of all the changes in your body. The Pear also gives you the connection with the earth when the frequency of the universe rises. So you keep the balance between below and above, matter and spirit, heaven and earth. The Pear feeds you and strengthens the love for yourself. It opens you for the new, and gives you the insight how to manifest yourself.

ROUND LEAFED WINTERGREEN - Wintergroen - *Pyrola rotundifolia*

The Round-Leafed Wintergreen essence helps you with the digestion of nutrition from the earth and it keeps you going on, while you drop everything that does not belong to you. The wintergreen gives you self-confidence and makes you aware of the fact that you have much more qualities in you than you show. It puts you in your own power and because of this you can release old, not processed emotions. It lets you move on, helps you to expand and gives faith in yourself, so that you can bring out the qualities that you have hidden deep inside.



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