



ABOUT ESSENCES



What are 'essences' ?

Life-force energy is that which vitalises all matter. As an example, when viewing a flower, it is the presence, or absence, of life force energy which creates the visible difference between that flower, alive and vibrant, and that self same flower once it has died. As this life-force energy flows through a flower, gemstone or element it creates a **unique vibratory signature** and it is this unique vibratory signature **that endows a flower, gemstone or element with its physical and therapeutic properties.**

The unique vibratory signature is, in effect, a codification of the attributes of the plant, gemstone or element and, as modern research is now verifying, it is something that **can be captured by water to create An Essence. So...**

A **Flower Essence** is an aqueous infusion of water endowed with the unique vibratory signature of one, or multiple, flowers.

A **Gem Essence** is an aqueous infusion of water endowed with the unique vibratory signature of one gemstone.

An **Elemental Essence** is an aqueous infusion of water endowed with the unique vibratory signature of one of the elemental constructs of nature, being either: Earth, Air, Fire, Water or Ether.





Why do people use essences?

The healing and medicinal qualities of plants and flowers have been used for the benefit of humans from the earliest known civilisations right through to the present day.

As we progress into the 21st Century, scientific research and technology is altering our understanding of the balance between good health and disease.

The best of ancient and modern viewpoints of the human body are now combining to deepen our understanding of how we may use flower and other vibrational remedies in the everyday practice of maintaining good health and wellbeing, and as a part of our own personal development.

ancient
viewpoints



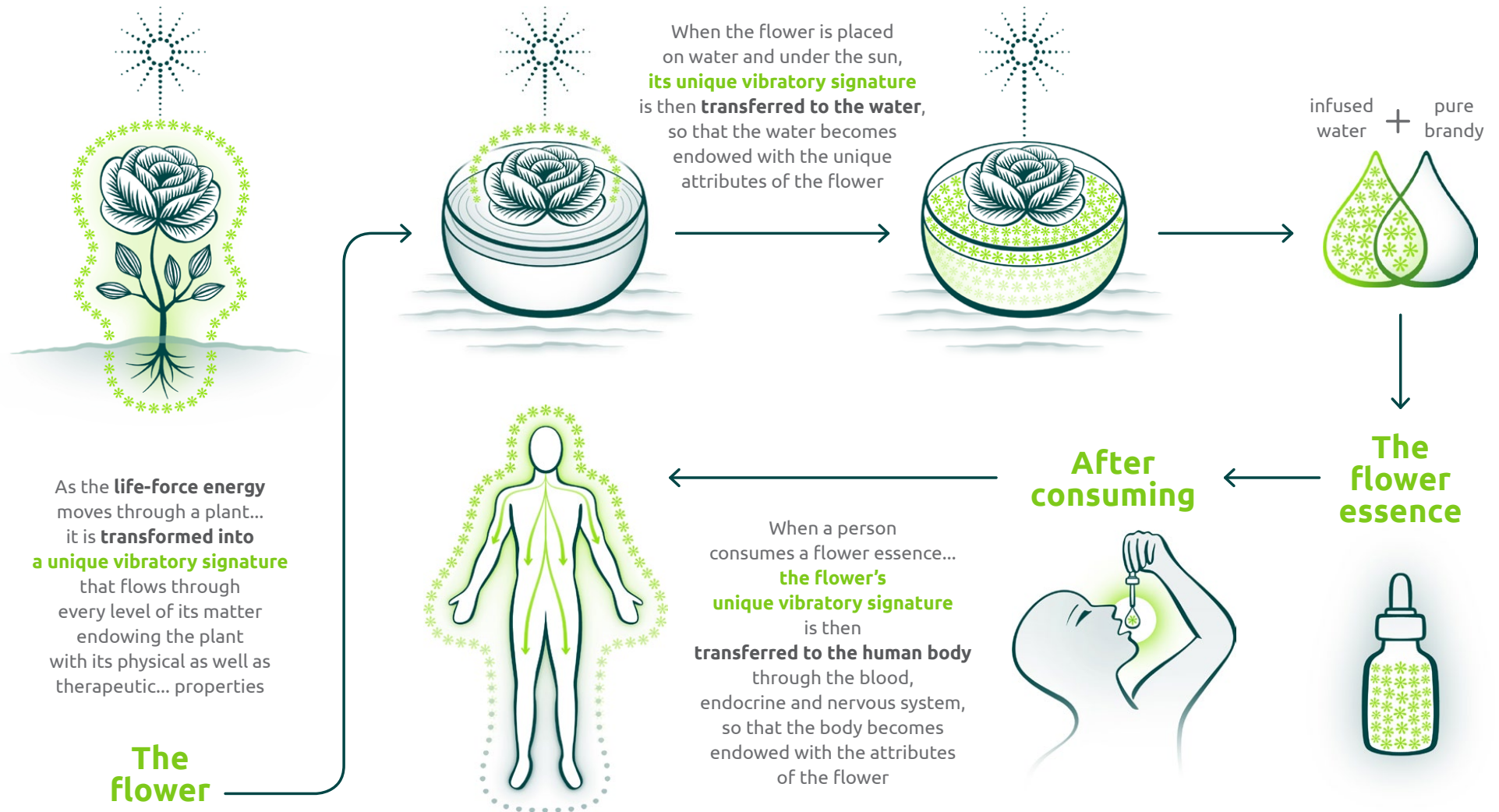
modern
viewpoints



deeper understanding
of flower & vibrational remedies

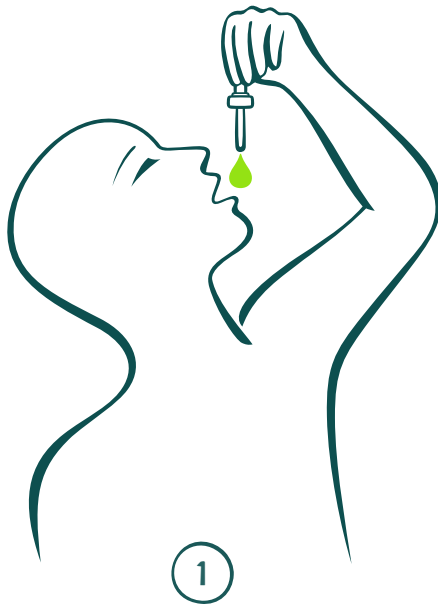


How do essences work?





How essences are applied



When an essence is **taken orally** it is absorbed through the mucus membrane in the mouth, **entering directly into the blood stream**, influencing the endocrine and nervous systems from where it permeates the cellular physiology of the body

2

An essence may be blended with essential oils and **sprayed around the body** through one of our Mists



In these instances the essence is **absorbed through the skin** directly permeating the cellular physiology of the body

3

An essence may also be **applied directly onto the body** through one of our Creams or Gels

