



For your emotional health and wellbeing

PRODUCT GUIDE | 2025



AUSTRALIAN
BUSH FLOWER
ESSENCES®

Harnessing the healing powers of the Australian bush for over 35 years

Come on a life-changing journey with Australian Bush Flower Essences and unlock your full potential for emotional health and wellbeing. Australian Bush Flower Essences are a vibrational flower therapy that work on an emotional level, balancing and harmonising your overall wellbeing.

Although Flower Remedies have been used by many cultures for thousands of years, the Australian Bush Flower Essences meet the need for remedies to help address the issues of the 21st century.

Australia has the world's oldest and highest number of flowering plants exhibiting tremendous beauty and strength. Australia is also relatively unpolluted and metaphysically has a very wise, old energy.

Australian Bush Flower Essences have been developed and researched for over 35 years by our founder and CEO Naturopath, Ian White, a fifth generation Australian herbalist.

P4 SINGLE ESSENCES

A range of 71 Single Bush Essences that assist in clearing the major aspects impacting emotional health and wellbeing. The Single Essences come individually or in a Stock Kit (p22).

P24 REMEDY ESSENCES

This range of 21 Remedy Drops was formulated for specific applications to help support emotional care and wellbeing.

P30 REMEDY ORAL SPRAYS

The range of 21 Oral Sprays are prepared with great care and respect using the most exquisite, natural ingredients on earth. They come in a handy pocket or purse size for fast acting convenience.

P36 PARENTING & CHILDCARE RANGE

These 6 Remedy Drops & accompanying Oral Sprays address many common issues arising in children and also a desperate plea from mums wanting something to help and give them some emotional TLC.

P40 REMEDY ROLL-ONS

Expertly blended together in therapeutic concentrations with organic Jojoba Oil. Available in our 7 most popular blends. Housed within Miron glass to preserve and protect the Bush Essences and Essential Oils from light.

P42 REMEDY SPACE MISTS

Enhance your environment and support your emotional health and wellbeing with 8 of our most popular Bush Flower Remedy Essences infused with Aromatherapy Pure Essential Oils in a luxurious mist. *Organically certified.*

P44 REMEDY ESSENCE CREAMS

Exquisite blends of pure botanical organic Therapeutic Essence creams formulated for emotional care are available in 5 combinations. *Organically certified.*

P46 ORGANICALLY CERTIFIED SKINCARE

ABFE Skincare is certified by The Organic Food Chain Pty Ltd (OFC) and infused with Australian Bush Flower Essences for your emotional health and wellbeing.

P52 SPIRITUAL ESSENCES

The spiritual ranges White Light, Light Frequency and Divine Presence Essences were made and prepared by Ian White in high energy locations around the world

P58 PENDANTS

Our beautiful pendants are unique, exquisite, individually hand-blown art pieces. They are created with loving care from medical grade glass, which makes them incredibly strong and sturdy.

P62 COMPLEMENTARY PRODUCTS

Wide selection of Australian Bush Flower Essences books, cards, posters and CDs.

GLOSSARY OF TERMS USED

HS Code: Harmonised System Code is a global product classification system, used in exports.

PAO: Period after opening.

Weight: Gross weight.

COMMON NAME

Alpine Mint Bush
Angelsword
Banksia Robur
Bauhinia
Billy Goat Plum
Black-eyed Susan
Bluebell
Boab
Boronia
Bottlebrush
Bush Fuchsia
Bush Gardenia
Bush Iris
Calophyllum
Christmas Bell
Crowea
Dagger Hakea
Dog Rose
Dog Rose of the Wild
Forces
Five Corners
Flannel Flower
Freshwater Mangrove
Fringed Violet
Green Spider Orchid
Grey Spider Flower
Gynea Lily
Hibbertia
Illawara Flame Tree
Isopogon
Jacaranda
Kangaroo Paw
Kapok Bush
Little Flannel Flower
Macrocarpa
Mint Bush
Monga Waratah

LATIN BOTANICAL NAME

Prostanthera cuneata
Lobelia gibbosa
Banksia robur
Lysiphyllum cunninghamii
Planchonia careya
Tetralthea ericifolia
Wahlenbergia species
Adansonia gregorii
Boronia ledifolia
Calistemon linearis
Epacris longiflora
Gardenia megasperma
Patersonia longifolia
Calophyllum inophyllum
Blandfordia nobilis
Crowea saligna
Hakea teretifolia
Bauera rubioides
Bauera sessiliflora

Styphelia triflora
Actinotus helianthi
Barringtonia acutangula
Thysanotus tuberosus
Caladenia dilatata
Grevillea buxifolia
Doryanthes excelsa
Hibbertia pendunculata
Brachychiton acerifolius
Isopogon anethifolius
Jacaranda mimosifolia
Anigozanthos manglesii
Cochlospermum fraseri
Actinotus minor
Eucalyptus macrocarpa
Prostanthera striatiflora
Telopea mongaensis

Mountain Devil
Mulla Mulla
Old Man Banksia
Paw Paw
Peach-flowered Tea-tree
Philotheca
Pink Flannel Flower
Pink Mulla Mulla
Red Grevillea
Red Helmet Orchid
Red Lily
Red Suva Frangipani
Rough Bluebell
Sedum
She Oak
Silver Princess
Slender Rice Flower
Southern Cross
Spinifex
Sturt Desert Pea
Sturt Desert Rose
Sundew
Sunshine Wattle
Sydney Rose
Tall Mulla Mulla
Tall Yellow Top
Turkey Bush
Waratah
Wedding Bush
Wild Potato Bush
Wisteria
Yellow Cowslip Orchid

Lambertia formosa
Ptilotus atripicifolius
Banksia serrata
Carica papaya
Leptospermum squarrosum
Philotheca salsolifolia
Actinotus forsythii
Ptilotus helipteroides
Grevillea speciosa
Corybas dilatatus
Nelumbo nucifera
Plumeria rubra
Trichodesma zeylanicum
Casuarina glauca
Sedum caeruleum
Eucalyptus caesia
Pimelea linifolia
Xanthosia rotundifolia
Triodia species
Swainsona formosus
Gossypium sturtianum
Drosera spathulata
Acacia terminalis
Boronia serrulata
Ptilotus exaltatus
Senecio magnificus
Calytrix exstipulata
Telopea speciosissima
Ricinocarpus pinifolius
Solanum quadriloculatum
Wisteria sinensis
Caladenia flava

COMPANION ESSENCES

Autumn Leaves –
Green Essence –
Lichen *Parmelia s. lat.*



A range of 71 Essences that can be used individually or combined to treat any specific issue. Unlock the healing potential of nature with our Single Essences, carefully selected to address specific emotional, mental and spiritual imbalances.



ALPINE MINT BUSH (*Prostanthera cuneata*)

Product Code: AS01-AU
ml/Size: 15ml
Dimensions HxD: 92x28mm
Weight: 40g
Shelf life: 5 years
RRP: \$18.95

Description: This flower grows in exposed rocky sites in the alpine and sub-alpine areas of south eastern Australia. This Essence works on the mental and emotional levels. It is for people who work in healing, health administration and caring situations where there is a great deal of responsibility for other people. They give much of themselves both physically and emotionally, often listening to people in pain and need. These caregivers can be in danger of burning out or becoming disillusioned. They can reach a point of tiredness feeling their life has lost its joy. Alpine Mint Bush can revitalise and bring about in these people a renewed enthusiasm and joy in their life for what they do.

⊕ *Revitalisation; joy; renewal.*
⊖ *Mental & emotional exhaustion. Lack of joy and weight of responsibility of caregivers.*
Inner Carton Qty: 30
Inner Dimensions/Weight: 185x155x100mm - 1680g
HS Code: 2208.90



ANGELSWORD *(Lobelia gibbosa)*

Product Code: AS02-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This amazing flower grows in the alpine region of Australia. Viewed from one angle, it has the appearance of a 'fleur-de-lis'. The Essence is for reaching one's own spiritual truth by cutting through any confusion or misinformation, ie. helping one discern the level of truth in 'channelled messages'. When the flower is looked at the opposite way, it resembles a monk in purple robes accentuated by the yellow stamens at the third eye. Taking this Essence allows access and retrieval of previously developed gifts from past lives. Angelsword protects from outside influences and entities so one can receive clear information from one's Higher Self without interference. It releases any energies that entered while the aura was open.

⊕ *Spiritual discernment; accessing gifts from past lifetimes; release of negatively held psychic energies; clear spiritual communication.*

⊖ *Interference with true spiritual connection to Higher Self; spiritually possessed; spiritual confusion.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BANKSIA ROBUR *(Banksia robur)*

Product Code: AS03-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Banksia Robur is commonly known as Swamp Banksia as it is usually found by creek banks. This Essence addresses temporary loss of drive and enthusiasm due to burn out, disappointment or frustration. It is different to Old Man Banksia as it is for people who are normally very dynamic. It will pick them up out of the 'bog' they are in and get them back on solid ground and going again. When bathing add seven drops of this Essence to the bath which will enhance the effects of the remedy as it will assist in washing away negativity.

⊕ *Enjoyment of life; enthusiasm; interest in life.*

⊖ *Disheartened; lethargic; frustrated.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BAUHINIA *(Lysiphyllum cunninghamii)*

Product Code: AS04-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Made up near Geikie Gorge in the Kimberleys, this Essence is for embracing new concepts and ideas. There may be some hesitation or reluctance, initially, in coming to terms with these. It can even help when there is a person who is annoying you or whom you dislike. For example, a family of a different nationality may become neighbours and even though you may not be racist, you may have difficulty in accepting their different manners and custom. This remedy is also good for older people who are very set in their ways.

⊕ *Acceptance; open-mindedness.*

⊖ *Resistance to change; rigidity; reluctance.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BILLY GOAT PLUM *(Planchonia careya)*

Product Code: AS05-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: For feelings of shame, self-disgust and self-loathing. For those people who feel revolted and dirty about sex and feel unclean afterwards. It can also be for feelings of revulsion about other physical aspects such as acne, eczema, a large nose, etc.

⊕ *Sexual pleasure and enjoyment; acceptance of self and one's physical body; open-mindedness.*

⊖ *Shame; inability to accept the physical self; physical loathing.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BLACK-EYED SUSAN *(Tetralochea ericifolia)*

Product Code: AS06-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Black-eyed Susan is for people who are impatient or always 'on the go'. These people are continually rushing and their lives are always overflowing with commitments. This Essence enables these people to slow down, to reach that still centre within and find calmness and inner guidance.

⊕ *Ability to turn inward and be still; slowing down; inner peace.*

⊖ *Impatience; always 'on the go'; overcommitted; constant striving.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BLUEBELL *(Wahlenbergia species)*

Product Code: AS07-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Made in the Olgas, one of the main spiritual centres in Australia, this Essence helps to open the heart. It is for those who feel cut off from their feelings. The emotion is there, but is held within. They are subconsciously afraid to express it for they fear their feelings of love, joy, etc. are finite or not renewable. They operate from a subconscious fear that there is just not enough and that if they let go of what they have, they will not survive. This fear can often be marked by a controlling, rigid and forthright manner.

⊕ *Opens the heart; belief in abundance; universal trust; joyful sharing; unconditional love.*

⊖ *Closed; sense of lack; greed; rigidity.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BOAB *(Adansonia gregorii)*

Product Code: AS08-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: The Boab tree is found only in the Kimberley region of northwest Australia. Boab clears negative emotional and mental family patterns that are passed on from generation to generation. Boab can access and clear those core patterns and all the related ensuing beliefs. This Essence is very beneficial in helping those who have had experiences of abuse or prejudice from others. Boab will also help clear the negative lines of karma between people. When used in a spray it can be very effective in clearing negative energies, especially when combined with Fringed Violet, Angelsword and Lichen. Boab can help break the chains that have been around human consciousness for thousands of years.

⊕ *Personal freedom by releasing family patterns; clearing of other non-family; negative karmic connections*

⊖ *Emmeshment in negative family patterns; for the recipients of abuse and prejudice*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BORONIA *(Boronia ledifolia)*

Product Code: AS09-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This is the Essence for resolving obsessions - thoughts, events, things or ideas which are stuck. It leads to clarity and focus. It combines wonderfully with Bottlebrush for breaking habits and addictions and for dealing with an ended relationship when there is pining for the other person. It also enhances focus for creative visualisation.

⊕ *Clarity; serenity; creative visualisation.*

⊖ *Obsessive thoughts; pining; broken hearted.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BOTTLEBRUSH (*Callistemon linearis*)

Product Code: AS10-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence helps people move through major life changes and the overwhelm that often goes with those changes, especially retirement, menopause, adolescence or death, etc. It 'brushes' out the past and allows the person to move on. An excellent remedy for pregnant women and new mothers who feel inadequate. It will help throughout pregnancy until after the birth and will assist with bonding between the mother and child. It is excellent for healing unresolved mother issues.

- ⊕ *Serenity and calm; ability to cope and move on; mother-child bonding.*
- ⊖ *Unresolved mother issues; overwhelmed by major life changes (old age, adolescence parenthood, pregnancy, approaching death)*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BUSH FUCHSIA (*Epacris longiflora*)

Product Code: AS11-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence assists with problem solving and improves one's access to intuition - it helps a person to trust their own 'gut' feelings. It allows for balance between the logical/rational and the intuitive/creative, i.e. the integration between the male and female aspects. It will give people courage and clarity in public speaking as well as the ability to speak out about their own convictions.

- ⊕ *Courage to speak out; in touch with intuition; integration of information; clarity; integration of male and female aspects*
- ⊖ *Switched off; nervousness about public speaking; ignoring 'gut' feelings; clumsy*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BUSH GARDENIA (*Gardenia megasperma*)

Product Code: AS12-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: For renewing passion and interest in relationships. It helps draw together those who are moving away from one another, busy in their own world (career, life, etc.). It is as if this Essence helps to turn the individual's head to reconnect to see what their partner is doing and feeling and to discover what is needed to bring them back together. It is not only for male/female relationships but also for family relationships. This flower has similar flowers and scent to that of the suburban garden shrub but is a 40 ft. tree, growing in the tropical north, similar in shape to a Eucalypt.

- ⊕ *Passion; renews interest in partner; improves communication*
- ⊖ *Stale relationships; self-interest; unaware*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



BUSH IRIS (*Patersonia longifolia*)

Product Code: AS13-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This was one of the first Essences to be prepared. It is an Essence to open people up to their spirituality and to access the doorway to their higher perceptions. It allows the trinity to flow into a person and is an excellent remedy to give someone who has just started meditation or 'conscious' spiritual growth. In the negative mode there will be materialism and/or atheism. There may also be a deep-seated fear of death.

- ⊕ *Awakening of spirituality; acceptance of death as a transition state; clearing blocks in the base chakra and trust centre*
- ⊖ *Issues around one's mortality; materialism; atheism; physical excess; avarice.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



CALOPHYLLUM (*Calophyllum inophyllum*)

Product Code: AS67-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Calophyllum helps one to develop and activate one's leadership qualities. They are very enthusiastic, have a strong connection to Spirit, which gives them their certainty in knowing where they're going and what they should do. They are very positive, focused people with tremendous resilience, determination and focus.

They are inspiring leaders, not only do they want to point out the way, but they care about and want to unite and bring others with them. "Come on, this is the way, let's go!" is their clarion call. They want what's best for everyone. They have a strong sense of morality, which they'll fight for. They won't let anything stop them or get in the way of where they're going.

- ⊕ *Resilience; leadership; connected to spirit; clear sense of direction; inspiring and supporting others; strong sense of morality.*
- ⊖ *Doubting one's abilities and leadership; lack of commitment; preferring to stay in one's comfort zone; waiting for others to lead and act.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



CHRISTMAS BELL (*Blandfordia nobilis*)

Product Code: AS14-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Christmas Bell is an erect perennial herb which is frequently found in the Hawkesbury sandstone country of NSW in the low open heaths or swamps. It grows up to 60cm high with a crowd of yellow tipped, red fused, tubed flowers at the top. Christmas Bell's flowering time is from late December – hence its name – up until February. Christmas is the time of year associated with the joy of giving and receiving, not only of love, but also from the realm of the material too. This remedy assists one with mastery of the physical plane and with stewardship of one's possessions. It also helps one to manifest one's desired outcomes and is extremely beneficial for anyone experiencing a sense of lack.

- ⊕ *Helps one to manifest one's desired outcome; assists one with mastery of the physical plane.*
- ⊖ *Lack of abundance; sense of lack; poor stewardship of one's possessions.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



CROWEA (*Crowea saligna*)

Product Code: AS15-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Crowea is for people who are feeling 'not quite right' in themselves and are just a little out of balance. It is an excellent Essence for people not sure what they are feeling and is great for worry. It is for those who always have something to worry about, without having specific fears. This purple flower has five petals with a prominent raised centre. Five in numerology relates to the emotional centre and the integration of emotions.

- ⊕ *Peace and calm; balances and centres the individual; clarity of one's feelings.*
- ⊖ *Feeling out of balance; sense of being 'not quite right'.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



DAGGER HAKEA (*Hakea teretifolia*)

Product Code: AS16-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: For people who feel resentment and bitterness and hold grudges against those with whom they have been very close e.g. family members and old lovers. This resentment is often not openly displayed. The plant gets its name from the needle-like barb that grows on its leaves.

- ⊕ *Forgiveness; open expression of feelings.*
- ⊖ *Resentment; bitterness towards close family, friends, lovers.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



DOG ROSE (*Bauera rubioides*)

Product Code: AS17-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: The striking feature of Dog Rose is that the flowers hang down and appear to have dropped and rounded shoulders, like a defeated person. Dog Rose is the Essence for treating niggling little concerns. Overcoming them allows an increase in the flow of the vital force, quality of life, courage and self-esteem. It is also for shy, insecure, timid, nervous people.

- ⊕ Confidence; belief in self; courage; ability to embrace life more fully.
- ⊖ Shy; insecure; uncomfortable with other people.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



DOG ROSE OF THE WILD FORCES (*Bauera sessiliflora*)

Product Code: AS18-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Found only in Victoria, this Essence was made up from a plant quivering and leaning over the surging white water just below a large waterfall. This plant is commonly found growing close to the water. It is taken when a person has a sense of losing control, when the emotions they are feeling within themselves or immediately around them are just so intense there is a sense of losing total control. On a higher level it helps to teach the necessity of gaining control over the emotions so that emotional intensity will not distort one's natural energies.

- ⊕ Calm and centred in times of inner and outer turmoil, emotional balance.
- ⊖ Sense of losing control; perturbation.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



FIVE CORNERS (*Styphelia triflora*)

Product Code: AS19-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Five Corners Essence resolves low self-esteem, lack of confidence and diminished self-love. This tall, proud shrub gets its name from its fruit which has five corners – and this corresponds with the anatomical position of a body with arms and legs spread and the fifth point being the head. This Essence allows the life force to flow through to these five centres. When this happens a person feels good and strong in themselves and they feel their own love and beauty. In the negative mode, the person will appear crushed and 'held in'.

- ⊕ Love and acceptance of self; celebration of own beauty; joyousness; self-confidence.
- ⊖ Low self-esteem; dislike of self; crushed, held-in personality; clothing drab and colourless.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



FLANNEL FLOWER (*Actinotus helianthi*)

Product Code: AS20-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Flannel Flower almost begs to be touched and felt, as the petals of this flower resemble the sensuous texture of flannel. This Essence is for people who are uncomfortable with emotional intimacy as well as physical contact and touching. They often have difficulty in maintaining their personal boundaries. It helps one to totally trust and express verbally their innermost feelings. It brings to both males and females a desire to and enjoyment in, expressing themselves physically. It is excellent for males allowing for a gentleness, softness and sensitivity in touching.

- ⊕ Gentleness; sensitivity in touching, trust, openness; expression of feelings; joy in physical activity.
- ⊖ Dislike of being touched; lack of sensitivity in males; uncomfortable with intimacy.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



Dagger Hakea
HAKA TERETIFOLIA



FRESHWATER MANGROVE *(Barringtonia acutangula)*

Product Code: AS21-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This flowering tree grows beside fresh water creeks, billabongs and swamps in the Northern Territory. The healing quality of the Essence is to release and heal mental prejudice, allowing the heart to open without prejudgement. The prejudice of Slender Rice Flower stems from direct personal experience whereas Freshwater Mangrove is for those who mentally reject or have already made up their mind about something without it ever being experienced. This Essence has the potential to allow us to fully experience and be open on both a mental and heart level to new perceptual shifts and all the changes occurring at this time.

⊕ *Openness to new experiences, people and perceptual shifts; healthy questioning of traditional standards and beliefs.*

⊖ *Heart closed due to expectations or prejudices, which have been taught, not personally experienced.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



FRINGED VIOLET *(Thysanotus tuberosus)*

Product Code: AS22-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Fringed Violet is for treating damage to the aura where there has been shock, grief or distress e.g. from abuse or assault. This remedy maintains psychic protection and is excellent for people who are drained by others or those who unconsciously absorb the physical and emotional imbalances of others. It releases shock from the body. When used in combination with Flannel Flower or Wisteria it is beneficial for those who have suffered abuse.

⊕ *Removal of effects of recent or old distressing events; heals damage to aura; psychic protection; releases psychic shock.*

⊖ *Damage to aura; lack of psychic protection.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



GREEN SPIDER ORCHID *(Caladenia dilatata)*

Product Code: AS23-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This remedy was also made up in Victoria and is very much aligned with higher learnings, philosophies and deeper insight. This Essence can assist in working with telepathy, to attune a person to be more receptive to not only other people but also other species and kingdoms. It is for people who are teaching spiritual matters and understandings, helping them to impart that knowledge. It helps us to know when to share our spiritual experiences, ideas before they are manifested and incomplete projects and when to remain silent to let the energy build. Green Spider Orchid can release negative effects of nightmares stemming from past lives.

⊕ *Telepathic communication; ability to withhold information until timing is appropriate; attunement.*

⊖ *Nightmares, negative effects from past life experiences; intense negative reactions to the sight of blood.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



GREY SPIDER FLOWER *(Grevillea buxifolia)*

Product Code: AS24-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Grey Spider Flower Essence is an Essence to deal with alarm, dread, unease or trepidation, especially experienced in life-threatening situations or psychic attack. It deals with over concern and nightmares. The Essence will restore faith and trust. Interestingly, every time I picked this flower to make the Essence I came across a spider. There is a theory that spiders are an archetypal image for primordial fear.

⊕ *Faith; calm; courage.*

⊖ *Upsetting dreams; supernatural and psychic attack; unease; trepidation; alarm.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



GYMEA LILY *(Doryanthes excelsa)*

Product Code: AS25-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Also known as the Giant Lily, this extraordinary plant bears large red flowers on a huge terminal head atop a stem of up to four metres high. Being so high the flowers are not seen clearly from the ground. This remedy is for excessive pride and arrogance and helps bring about humility. The Essence is for reaching up to the energy of arrogance and transforming it to achieve great heights. It gives strength to those who are ahead of their peers and helps them to stay at the top. Gymea Lily is also very beneficial for people whose personalities are very intense or extrovert, or those who are dominating, demanding and very charismatic who usually get their way. It is also for people who like to be seen and noticed and who seek glamour and status.

⊕ *Humility; allowing others to express themselves and contribute; awareness, appreciation and taking notice of others.*

⊖ *Arrogant; attention-seeking; craving status and glamour; dominating and overriding personality.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



HIBBERTIA *(Hibbertia pendunculata)*

Product Code: AS26-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: For people who are strict and regimented or even fanatical with themselves or for those who use their knowledge to gain an upper hand. They constantly devour information and philosophies purely to make themselves better people but often without truly integrating it. In the positive mode these people will be accepting of themselves and their own innate knowledge and experiences, without wanting to be superior to others.

⊕ *Content with own knowledge; acceptance; ownership and utilisation of own knowledge.*

⊖ *Fanatical about self-improvement; driven to acquire knowledge; excessive self-discipline; superiority; hypervigilance.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



ILLAWARRA FLAME TREE *(Brachychiton acerifolius)*

Product Code: AS27-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Illawarra Flame Tree is for those who suffer from a great sense of rejection, or who feel 'left out'. This rejection is deeply felt and is very agonising for the person. The Essence is also for self-rejection, or for a person feeling apprehensive about a new experience, e.g. parenthood, or where there is a fear of responsibility. This Essence will help a person take that first step. It is also beneficial for those whose numbers in numerology are 11, 22 or 33 - people who have usually chosen to do very important work this life.

⊕ *Confidence; commitment; self-reliance; self-approval.*

⊖ *Overwhelming sense of rejection; concern about and overwhelmed by responsibility.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



ISOPOGON *(Isopogon anethifolius)*

Product Code: AS28-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Isopogon is for people who live very much in their heads. They are dominated by their intellect and there is often a separation between their heart and head. This Essence, like Tall Yellow Top, connects the heart and the head. It especially benefits those people who control through stubbornness. It also enables the retrieval of long-forgotten skills and information. The small spiral arrangement of this plant's yellow flowers fade and leave a small, grey, round nut which will stay on the plant for many years. In spiritual symbolism the colour yellow represents wisdom and knowledge.

⊕ *Ability to learn from past experience; retrieval of forgotten skills; relating without manipulating or controlling; ability to remember the past.*

⊖ *Inability to learn from past experience; stubborn; controlling personality.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



JACARANDA (*Jacaranda mimosifolia*)

Product Code: AS29-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Jacaranda Essence is for people who dither, never completing things because they are constantly changing what they are doing. There is a fine distinction between Sundew and Jacaranda: Sundew deals with dreamers (the 'space cadet'), whilst Jacaranda is for those who dither, are 'all over the place' and are always changing their mind.

- ⊕ *Decisiveness; quick thinking; centred*
- ⊖ *Scattered; changeable; dithering; rushing*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



KANGAROO PAW (*Anigozanthos manglesii*)

Product Code: AS30-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence is for people who are 'green' and socially inept. They do not know how to properly interact with other people. They can be very insensitive because they are so focused on themselves that they miss the cues and needs of other people around them. They can be very self-centred.

- ⊕ *Kindness; sensitivity; savoir faire; enjoyment of people; relaxed.*
- ⊖ *Gauche; unaware; insensitive; inept; clumsy.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



KAPOK BUSH (*Cochlospermum fraseri*)

Product Code: AS31-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Mount Barnett, an Aboriginal Cattle Station on the rugged Gibb River Road in the Kimberleys, was where this Bush Essence was made. It is for people who have a tendency to give up very easily, who are easily discouraged. It can also give people an overview of a plan or situation and then allow them to work it through sequentially and be able to bring it to fruition. It could even be for someone with a piece of technology or machinery, to assist them to understand how it works.

- ⊕ *Willingness; application; give it a go; persistence; perception*
- ⊖ *Apathy; resignation; discouraged*

Inner Carton Qty: 30

Inner Dimensions/Weight:
100x155x165mm - 3310g

HS Code: 2208.90



LITTLE FLANNEL FLOWER (*Actinotus minor*)

Product Code: AS32-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence deals with the child aspect in us all. It addresses the expression of playfulness, being carefree and spontaneous joy. It is for people who regard life as a very sombre and serious experience. It is also for children who tend to grow up much too quickly, who take on the troubles of the world and get old before their time. It helps children get in contact with their spirit guides. Its delicate, tiny, white flowers cover the bush with a blanket of colour and white light, yet it is easily overlooked due to its size.

- ⊕ *Carefree; playfulness; joyful.*
- ⊖ *Denial of the 'child' within; seriousness in children; grimness in adults.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



MACROCARPA (*Eucalyptus macrocarpa*)

Product Code: AS33-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Macrocarpa is a Eucalypt that grows in the wheat belt area of southwest Western Australia, the stands of which are becoming increasingly rare and very few survive today. This tree has the largest flower of any Eucalypt. Both the tree and the flower have a tremendous power about them and this comes out in its properties. This Essence brings about renewed enthusiasm, endurance and inner strength.

- ⊕ *Enthusiasm; inner strength; emotional endurance.*
- ⊖ *Drained; jaded.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



MINT BUSH (*Prostanthera striatiflora*)

Product Code: AS34-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Mint Bush Essence, like many others, was made in central Australia. Mint Bush helps one to cope with the dross being burnt off before emerging at a new spiritual level. Just prior to any such initiation there are usually spiritual trials and tribulations that one goes through when one is being tested, often to their limit. At this time there is usually a great deal of confusion and one can have a sense that everything is too difficult and too much to deal with and resolve. These feelings can also arise during intense changes in your life – divorce, bankruptcy, severe illness or accidents, changing religious beliefs or affiliations.

- ⊕ *Smooth spiritual initiation; clarity; calmness; ability to cope.*
- ⊖ *Perturbation; confusion; spiritual emergence; initial turmoil and void of spiritual initiation.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



MONGA WARATAH (*Telopea mungaensis*)

Product Code: AS35-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence can help a person find their inner strength. It addresses the negative conditions of disempowerment; of being overly needy; of feeling not strong enough; of feeling unable to do things alone; of always needing the strength and support of others; feeling choked or stifled in situations or relationships and feeling not able or strong enough to leave. This Essence is very much addressing co-dependency as well as strengthening one's will. Consequently, it can be thought of when working with addictions. This remedy helps one to reclaim one's spirit.

- ⊕ *Strengthening of one's will; reclaiming of one's spirit; belief that one can break the dependency of any behaviour; substance or person, self-empowerment.*
- ⊖ *Neediness; co-dependency; inability to do things alone, disempowerment; addictive personality.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



MOUNTAIN DEVIL (*Lambertia formosa*)

Product Code: AS36AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence helps one deal with feelings of anger, jealousy and the major blocks to expressing love. It is for people who tend to be suspicious of others. Mountain Devil helps to develop unconditional love and acceptance. It helps one express anger in a healthy way and so develop sound boundaries. This may open the way to forgiveness.

- ⊕ *Unconditional love; happiness; healthy boundaries; forgiveness.*
- ⊖ *Hostility, anger, holding grudges, suspiciousness.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



MULLA MULLA (*Ptilotus atripicifolius*)

Product Code: AS37-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Mulla Mulla is for the personal recovery from the shattering experience of burns from heat or fire. This Essence reduces the negative emotional effects of fire, heat and the sun's rays. It is for those who are uneasy with fire or flames (often from a past life). Made up in the Central Desert, one of the hottest parts of the country and where some of the oldest plants in Australia are found.

- ⊕ Reduces the effects of fire and the sun; feeling comfortable with fire and heat.
- ⊖ Unease with flames, heat and hot objects; Emotional distress associated with exposure to fire, heat and sun.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



OLD MAN BANKSIA (*Banksia serrata*)

Product Code: AS38-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: For people who are weary, frustrated and disheartened by setbacks. This Essence helps to bring a spark into those people's lives who are heavy and slow moving. They tend to be reliable, dependable people who steadily plod on, often hiding their weariness while battling on with unceasing effort. The Old Man Banksia is a gnarled and twisted tree and it seems to be a storehouse of old wisdom. For Indigenous people it was known as a tree for female spirituality.

- ⊕ Enjoyment of life; renews enthusiasm; interest in life.
- ⊖ Weary; phlegmatic personalities; disheartened.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



PAW PAW (*Carica papaya*)

Product Code: AS39-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: For the assimilation and integration of new ideas and information, especially where there is a tendency to feel overwhelmed by the quality and quantity of that information. A feature of this plant is its very narrow stem which, at the top, branches into a mass of foliage to bear large and ponderous fruits. This Essence should be used when one is unable to solve a problem. It will activate the Higher Self, where we have the answer to all our problems. It will ease the burden of problems as it activates the intuitive processes to provide solutions.

- ⊕ Improved access to Higher Self for problem solving; assimilation of new ideas; calmness; clarity.
- ⊖ Overwhelmed; unable to resolve problems; burdened by decision.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



PEACH-FLOWERED TEA-TREE (*Leptospermum squarrosum*)

Product Code: AS40-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Peach-flowered Tea-tree is an Essence for people with extreme mood swings, hypochondriacal people and especially those who are overly concerned about ageing. It can also be used for people who get enthusiastic and then, for no apparent reason, lose that enthusiasm. It is for those who do not 'follow through' on their goals and convictions. Once the challenge goes they become bored and lose interest. It will help develop stability, consistency, drive and commitment.

- ⊕ Ability to complete projects; personal stability; take responsibility for one's health.
- ⊖ Easily bored; lack of commitment to follow through projects; emotional ups and down; hypochondriacs.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



PHILOTHECA (*Philotheca salsolifolia*)

Product Code: AS41-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Philotheca Essence allows people to accept acknowledgment for their achievements and to 'let in' love. They are often good listeners and generous, giving people. It allows shy people to speak of their plans and success. In its natural environment, the flower is easily overlooked and often mistaken for other species.

- ⊕ Ability to receive love and acknowledgment; ability to let in praise.
- ⊖ Inability to accept acknowledgement; excessive generosity.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



PINK FLANNEL FLOWER (*Actinotus forsythii*)

Product Code: AS42-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Pink Flannel Flower belongs to the Apiaceae family, the same genus as both Flannel Flower and Little Flannel Flower. The Pink Flannel Flower requires the smoke from bush fires for germination. It had not been seen flowering for over forty years when I first made it. This flower is all about heart energy, evident in the intensity of its pink centre. It allows one to be in a state of gratitude for all aspects of one's life and for what they are experiencing around them. Pink Flannel Flower brings about an appreciation of, and helps one take delight and pleasure in, the details and little things in life; to see and be aware of the blessings in every moment. Otherwise life can easily become dull, flat and one's "joie de vivre" will be missing. This Essence has great affinity with young babies both in the womb and in

those early years of life. Pink Flannel Flower will help keep their heart and heart chakra open with the high, love vibration that they came in with, as they adjust to the density of our third dimensional earthly reality.

- ⊕ Gratitude, open-hearted; joie de vivre; appreciative; lightness of being.
- ⊖ Feeling and seeing life to be dull; flat and lack lustre; unappreciative; unhappy; taking for granted; unmindful.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



PINK MULLA MULLA (*Ptilotus helipteroides*)

Product Code: AS43-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This annual is found in the stony country of the outback and has a striking, pinky-purple conical flower head. The Pink Mulla Mulla is for those who have suffered a deep spiritual wound long ago, often in their first incarnation, where they felt abandoned by Spirit which has led to a deep scar on the soul and psyche. It works on the outer causal bodies clearing sabotage (and fear of spiritual abandonment once more) that is stopping their spiritual growth. On an emotional level, Pink Mulla Mulla is for those who put out prickles to keep people away. They tend to be quite isolated and unable to resolve a hurt, wrong or injustice which can be felt very deeply.

- ⊕ Deep spiritual healing; trusting and opening up.
- ⊖ Deep ancient wounds on the psyche; an outer guarded and prickly persona to prevent people coming close and hurting them.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



RED GREVILLEA (*Grevillea speciosa*)

Product Code: AS44AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Red Grevillea Essence is for people who feel stuck. It acts as a catalyst for those who know what they want to achieve but do not know how to go about it. It is for people who are too reliant on others. It promotes independence and boldness. This Essence is extremely effective though the changes may not be as anticipated. Like the Grey Spider Flower this plant is a member of the Grevillea family and its flowers are a dark red colour, similar in colour to the Waratah.

- ⊕ Boldness, strength to leave unpleasant situations; indifference to the judgement of others.
- ⊖ Feeling stuck; oversensitive; affected by criticism and unpleasant people; too reliant on others.

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



RED HELMET ORCHID *(Corybas dilatatus)*

Product Code: AS45-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Red Helmet Orchid helps a man bond to his child or children. It helps men to be aware to allocate quality family time. Making this Essence required not only sunlight but also moonlight, thereby adding the feminine principle so as to allow bonding. It is also for anyone with unresolved father issues, which can manifest as a recurrent, lifelong, rebellious attitude to authority figures – police, headmasters, bosses, etc.

- ⊕ *Male bonding; sensitivity; respect; consideration*
- ⊖ *Rebelliousness; hot-headed, unresolved father issues, selfishness.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



RED LILY *(Nelumbo nucifera)*

Product Code: AS46-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Red Lily is the same flower as the Sacred Lotus in the Buddhist tradition. It is for spirituality and connection to God in a grounded and centred way, allowing a person to have a wholeness to their spirituality by also realising the need to develop and maintain a balanced physical and emotional life. It has similar properties to that of Sundew for feeling scattered, not whole, vague and split, though Sundew applies to daily life whereas Red Lily is in relation to one's spirituality. I waded thigh deep in mud through a billabong teeming with leeches, turtles and snakes to pick this flower. Such is the joy of discovery.

- ⊕ *Grounded; focused; living in the present; connection with life and God.*
- ⊖ *Vague; disconnected; split; lack of focus; daydreaming.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



RED SUVA FRANGIPANI *(Plumeria rubra)*

Product Code: AS47-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: The Essence of this deep blood-red Frangipani was made on the coast near Darwin in the Northern Territory. It is unusual in that it does not have the sweet aromatic quality of other Frangipanis but rather a very heavy, musky odour. Its common name in the Pacific is "Bleeding Heart Frangipani". This Essence addresses the great emotional intensity, difficulty and hardship that people can go through when a relationship is ending, close to ending or going through a very "rocky" period. It can also be taken for the enormous initial pain and sadness of the loss of a loved one. The person can be feeling greatly disturbed, not suicidal as in the case of Waratah, but torn apart by the event or situation. Sturt Desert Pea deals with unresolved grief from the past.

- ⊕ *Feeling calm and nurtured; inner peace and strength to cope.*
- ⊖ *Initial sorrow and upset of either a relationship at rock bottom or of the death of a loved one; emotional upheaval, turmoil and rawness.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



ROUGH BLUEBELL *(Trichodesma zeylanicum)*

Product Code: AS48-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Rough Bluebell was made in Central Australia at one of the main spiritual centres of the country. This is an Essence to help people fully express the love vibration innate within them. For people who are very manipulative and for those who are deliberately malicious and use people, either subtly or openly. It is different from Kangaroo Paw which is for those who hurt or ignore the needs of others in an unconscious way. This Essence can be for those who play the role of the martyr and like to have others obligated to them. They are aware of the needs of others but want love and affection for themselves and are not concerned about or unable to give it back.

- ⊕ *Compassion; release of one's inherent love vibration; sensitivity.*
- ⊖ *Deliberately hurtful; manipulative; exploitive or malicious.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



Sedum SEDUM CAERULEUM



SEDUM *(Sedum caeruleum)*

Product Code: AS68-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: the first Bush Essence to be made outside of Australia, grows in Corsica. It is a low-growing succulent found in dense colonies with thick, fleshy red leaves and stems, while its azure-blue flowers are star-shaped with six petals. Sedum brings in the highest source of spiritual energy to fully root and ground your Higher Self. It offers a real balance of the divine masculine and feminine, inviting you to arrive fully in your body. For mediums, it strengthens their channel so they can bring in and anchor high spiritual energies. It reminds teachers what they have come to teach on a spiritual level. Sedum creates a strong sense of unity and wanting to be part of something for a higher good. It represents masses of strong, supportive individuals, all united, connected to the Light – an army of Lightworkers. It creates a sense of spiritual optimism and empowerment, feeling a part of and also the power of Spirit.

- ⊕ *Feeling of unity; spiritual optimism and empowerment; upliftment; accessing higher energies; anchoring and activating your Higher Self.*
- ⊖ *Ungrounded; feeling lost; scattered; spiritually unaware.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



SHE OAK *(Casuarina glauca)*

Product Code: AS49-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: She Oak is an Essence which is very beneficial in overcoming imbalances in and bringing about a sense of wellbeing in females. It will benefit women who feel distressed about infertility. It removes those personal blocks that prevent conception. It can also be used in conjunction with Flannel Flower which will help remove karmic patterns hindering conception. The fruit of this tree is very similar in size to a woman's ovary. This Essence was made from the female tree of the species.

- ⊕ *Emotionally open to conceive; female emotional balance.*
- ⊖ *Female emotional imbalance; inability to conceive for non-physical reasons*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



SILVER PRINCESS (*Eucalyptus caesia*)

Product Code: AS50-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Silver Princess is another uncommon Eucalypt. Although widely cultivated there are only a few natural stands of this beautiful tree in the granite outcrops, west of Perth in Western Australia. Of all the Eucalypts, there is none more attractive than the Silver Princess. This Essence brings about an awareness of one's life direction. Though it may not always reveal to a person their full life plan, it will aid people who are at crossroads, helping to show them what their next step is. It helps give them an understanding of that direction. This Essence is also excellent when one has reached an important goal and yet one is left feeling very flat, thinking 'is this all there is'. In this case, it gives one a glimpse or a sense of what is next and allows one to enjoy the journey whilst striving for the goal.

⊕ *Motivation; direction; life purpose.*

⊖ *Aimless; despondent; feeling flat; lack of direction.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



SLENDER RICE FLOWER (*Pimelea linifolia*)

Product Code: AS51-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Slender Rice Flower is for people who are racist or narrow-minded and lack humility. Humanity has, through its many wars, seen the grim ramifications of these attitudes. This Essence engenders group harmony and conflict resolution when individual egos get in the way. It allows for greater co-operation between people for the common good. Slender Rice Flower has the ability to make an individual aware of the common divinity in all people and to realise that no one is superior to anyone else, nor one nationality, race, gender or religious group is better than another.

⊕ *Humility; group harmony; co-operation; perception of beauty in others.*

⊖ *Prejudice; racism; narrow-mindedness; comparison with others.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



SOUTHERN CROSS (*Xanthosia rotundifolia*)

Product Code: AS52AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Southern Cross is another Essence made in the southwest of Western Australia. It is for those people who have a tendency to feel that they are a victim, that life has been hard on them or that they have been hard done by. This Essence helps people to understand that though they may not have control over all the things that happen to them in life, that they do have control over how they choose to react to these situations or events.

⊕ *Personal power; taking responsibility; positivity.*

⊖ *Victim mentality; complaining; bitter; martyrs; poverty consciousness.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



SPINIFEX (*Triodia species*)

Product Code: AS53-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Spinifex is a native grass which prefers the arid and semi-arid areas of inland Australia. This was the first Essence made from a grass species. It is for those who have a sense of being a victim to and having no control over illnesses, especially those with persistent and recurring symptoms.

⊕ *Empowers one through emotional understanding of illness.*

⊖ *Sense of being a victim to illness.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



STURT DESERT PEA (*Swainsona formosa*)

Product Code: AS54-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Sturt Desert Pea is the floral emblem of South Australia. It is for sorrows. I have come across at least three Aboriginal legends connecting this flower to grief and sadness. This is one of the most powerful of all the Essences and, like so many of the Bush Essences, it can help the person bring about amazing changes in their life.

⊕ *Letting go; triggers healthy grieving; clearing old sorrow.*

⊖ *Emotional pain; sorrows.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



STURT DESERT ROSE (*Gossypium sturtianum*)

Product Code: AS55-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence is for guilt, including sexual guilt, which can be an emotional trigger for many sexual problems. It is also for following your own inner convictions and morality, helping you to follow through with what you know you have to do. If one is not true to oneself then there can often arise, as a consequence, feelings of regret or remorse. It can restore self-esteem that has been damaged by past actions you may have felt guilty about.

⊕ *Courage; conviction; true to self, integrity; feeling better about self.*

⊖ *Guilt; regret and remorse; low self-esteem; easily led.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



SUNDEW (*Drosera spatulata*)

Product Code: AS56-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: The Sundew Essence is for people who are vague and indecisive and do not pay attention to detail. For those who tend to 'split off' easily, especially when there is work to be done. This Essence will keep them focused in the present and reduces procrastination. It is for those who tend to be vague, dreamy or drawn to drugs. This carnivorous plant is found in damp, boggy areas and has a crimson, 'earth-hugging' base. It sends up a tall stem to which delicate little flowers are attached.

⊕ *Attention to detail; grounded; focused; living in the present.*

⊖ *Vagueness; disconnectedness; split; indecisive; lack of focus.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



SUNSHINE WATTLE (*Acacia terminalis*)

Product Code: AS57-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Sunshine Wattle is for people who have had a difficult time in the past and who are stuck there. They bring their negative experiences of the past into the present. Life is seen as being grim and full of struggle. When they look at life they only see bleakness, hard times and disappointment continuing into the future. In the positive mode these people will see the beauty, joy and excitement in the present and optimistically anticipate the future.

⊕ *Optimism; acceptance of the beauty and joy in the present; open to a bright future.*

⊖ *Stuck in the past; expectation of a grim future, struggle.*

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



SYDNEY ROSE (*Boronia serrulata*)

Product Code: AS58-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: The first aspect of the rare Sydney Rose to strike you is its intense, beautiful colour of the purest, pure pink. Pink is symbolic of the love vibration and the healing quality of this remarkable Essence is to realise and know – on a deep heart level not merely an intellectual level – that there is no separation between us, that we are all one. If human consciousness is going to evolve then this will need to be the one fundamental premise to be embraced and to operate from, for in so doing it will create compassion, tolerance and love for others and the willingness to help and support others. Not surprisingly then, whilst making this Essence I kept hearing over and over this message “the crowning glory, the crowning glory, this is the crowning glory of the Bush Essences.”

- ⊕ Realising we are all one; feeling safe and at peace; heartfelt compassion; sense of unity.
- ⊖ Feeling separated; deserted, unloved or morbid.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



TALL MULLA MULLA (*Ptilotus exaltatus*)

Product Code: AS59-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Tall Mulla Mulla Essence is another Essence which was made up in Central Australia. It is a small upright annual with a long pink-purple flower head. It is for people who are not at ease being with others. They prefer their own company and enjoy being alone but miss out on the emotional growth that interaction with others can bring. On an emotional level there is not much ‘circulating with people’, as it feels too troublesome and uncomfortable. They prefer to be alone where they know their own environment and can avoid confrontation with others. They will often go to any length to keep the peace even if it means agreeing to or saying things they don’t believe. They do not breathe in life deeply for they prefer holding on to the familiar rather than being open to the new.

- ⊕ Feeling relaxed and secure with other people; encourages social interaction.
- ⊖ Ill at ease; uncomfortable with circulating and mixing with others; loner; distressed by and avoids confrontation.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



TALL YELLOW TOP (*Senecio magnificus*)

Product Code: AS60AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence is for alienation. There is no feeling of connection or sense of belonging to family, workplace, country, self, etc. Often as a consequence of this alienation the head, or intellect, takes over from the heart. As many people have been in this state for a long time, Tall Yellow Top will often need to be used for longer periods, sometimes for up to 6-8 weeks without a break. It is important when in this state to reach out to others for support. Be patient with the results from this Essence if it appears to be a little slow in acting. The results are well worth waiting for.

- ⊕ Sense of belonging; acceptance of self and others; knowing that you are ‘home’; ability to reach out.
- ⊖ Alienation; loneliness; isolation.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



TURKEY BUSH (*Calytrix exstipulata*)

Product Code: AS61-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Turkey Bush was made in the Top End of Australia. This region contains the world’s oldest known continuous artwork in the form of Aboriginal rock paintings. It is appropriate that the Essence was made here as it is for creativity. It is for both the beginner and the artist. Turkey Bush allows them to tune into their Higher Self and helps them to move through creative blocks and discouragements. This Essence brings about a desire to express and allows creativity to flow.

- ⊕ Inspired creativity; creative expression; focus; renews artistic confidence.
- ⊖ Creative block; disbelief in own creative ability.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



WARATAH (*Telopea speciosissima*)

Product Code: AS62-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: is for the person who is going through a ‘Dark Night of the Soul’. It gives them the strength and courage to cope with their crisis and will bring their survival skills to the fore. This remedy will also enhance and amplify those skills. It is for emergencies and great challenges. This powerful remedy often only needs to be used for four or five days. The Waratah Essence was made with great assistance and guidance in profound metaphysical circumstances, from what was known to be the last flowering Waratah of the season.

- ⊕ Courage; tenacity adaptability; strong faith; enhancement of survival skills.
- ⊖ Dark Night of the Soul; inability to respond to a crisis

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



WEDDING BUSH (*Ricinocarpus pinifolius*)

Product Code: AS63-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: This Essence is excellent for commitment, whether in relationships, employment, the family or personal goals. It can be of great benefit for a relationship when one or both individuals are uncertain if they wish to work through the issues their partner is bringing up in them. Wedding Bush can also be used for people who flit from one relationship to another or for when the initial attraction in the relationship diminishes.

- ⊕ Commitment to relationships; commitment to goals; dedication to life purpose.
- ⊖ Difficulty with commitment.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



WILD POTATO BUSH (*Solanum quadriloculatum*)

Product Code: AS64-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Wild Potato Bush is an excellent remedy for anyone feeling burdened or frustrated by any physical restriction or limitation with their body. This Essence brings about a sense of renewed enthusiasm, freedom and the ability to move on in life. It is especially for those who feel heavy and need to step out of the old self, but who feel it is difficult to do so.

- ⊕ Ability to move on in life; freedom; renews enthusiasm.
- ⊖ Weighed down; feeling encumbered.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



WISTERIA (*Wisteria sinensis*)

Product Code: AS65-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Wisteria Essence is for women who are uncomfortable with their sexuality. They may be unable to relax and enjoy sex, or afraid of physical intimacy and/or sensuality. Wisteria is included in the Sexuality Essence Combination for it is especially beneficial for those who have had traumatic sexual experiences. Negative beliefs around sexuality can develop from the time in the womb or from their parent’s attitude towards sex. The remedy works in clearing these beliefs, allowing sexual enjoyment, openness, gentleness and ease of sexual intimacy. Wisteria also allows the ‘macho male’ to be more aware of his softer, feminine side.

- ⊕ Sexual enjoyment; enhanced sensuality; sexual openness; gentleness.
- ⊖ Feeling uncomfortable with sex; closed sexually; macho male.

Inner Carton Qty: 30

Inner Dimensions/Weight:
185x155x100mm - 1680g

HS Code: 2208.90



YELLOW COWSLIP ORCHID (*Caladenia flava*)

Product Code: AS66-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Yellow is the colour that symbolises the intellect and the element of Air. This orchid has a very social and gregarious nature and is commonly found growing in clusters. The element of Air is very concerned with social order, group activity and harmony. When out of balance there is excessive judgement and criticism.

⊕ *Humanitarian concern; impartiality - stepping back from emotions; constructive; a keener sense of arbitration.*

⊖ *Critical; judgemental; bureaucratic; nitpicking.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



AUTUMN LEAVES

Product Code: AS97-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Autumn Leaves allows one to hear, see and feel communication from the other side and be open to that guidance and communication. It also further emphasises the sense of letting go and moving on in a very profound way. The leaves themselves were collected from a sacred area, in autumn, at the exact moment of their release from the trees. This Essence will ease the transition of the passing over from the physical plane to the spiritual world. Autumn Leaves is included in the Transition Essence Combination.

⊕ *Letting go and moving on; increased awareness and communication with loved ones.*

⊖ *Difficulties in the transition of passing over from the physical plane to the spiritual world in the spiritual world.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



GREEN ESSENCE

Product Code: AS98-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: The Green Essence is made, not from the flowers, but rather the stems and leaves of traditional, fresh, green herbs, using the same method we use to make our Flower Essences. It is used to harmonise any internal yeast, mould and parasites to the same vibration as one's body. It should be taken orally for a minimum two week period, five drops 3 times a day, five minutes before meals. Green Essence can also be used topically on the skin. Place seven drops of Green Essence in a dessert bowl of water, splash on the affected area and allow to dry. Do this morning and night for two weeks. You will need to make a fresh batch every two days. We recommend not using Green Essence externally at the same time as it is taken internally.

⊕ *Harmonises the vibration of any yeast, mould or parasite to one's own vibration; purifying.*

⊖ *Emotional distress associated with intestinal and skin disorders.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 185x155x100mm - 1680g

HS Code: 2208.90



LICHEN

Product Code: AS99-AU

ml/Size: 15ml

Dimensions HxD: 92x28mm

Weight: 40g

Shelf life: 5 years

RRP: \$18.95

Description: Lichen helps an individual to be aware of, look for and go to the Light at the moment of physical death. The alternative to the soul going through to the Light is to stay earthbound in the astral plane – what we commonly refer to as 'a ghost'. There is a great deal of darkness operating on the astral plane and it is certainly a level that the soul would be well advised to move through quickly. A violent or sudden death can also result in the increased likelihood of the Spirit staying earthbound and the spraying of Lichen from an atomiser bottle would be of great benefit for those souls, helping them to see and go to the Light. Lichen is contained in the Transition Essence Combination.

⊕ *Eases one's transition into the Light; assists separation between the physical and etheric bodies; releases earthbound energies.*

⊖ *Not knowing to look for and move into the Light when passing over; earthbound in the astral plane.*

Inner Carton Qty: 30

Inner Dimensions/Weight: 100x155x165mm - 3310g

HS Code: 2208.90

STOCK KIT OF 71 ESSENCES

Product Code: K300-AU

Dimensions per box HxWxD: 105mm x 190mm x 190mm

Weight: 4670g

RRP: AUD 845

Inner Dimensions/Weight: 190x190x105mm - 4670g

HS Code: 2208.90

Description: The Stock Kit, intended for both practitioner and home use, has been designed to incorporate all 71 Essences. It consists of 2 boxes with 72 allotted spaces which provides room if new Essences are developed. Contains: 1 bonus bottle so that you have the opportunity to make up a remedy as soon as the Kit arrives; one set of Practitioner labels and the Reference Book with both illustrations and colour images of each of the 71 Bush Essences together with all information on every ABFE product.



BLANK PRACTITIONER LABELS



Product Code: 2096-AU

Dimensions HxWxD: 82x32mm

Weight: 10g

RRP: AUD 2.50 per 25 pack

Inner Dimensions/Weight: 82x32mm/ 10g

HS Code: N/A

Description: Pack of 25 bottle labels for practitioners wishing to make dose essences requiring a professional label.

15ML BOTTLE & PIPETTE, BLANK AMBER



Product Code: 2098-AU

Weight: 40g

RRP: AUD 19.95 per 10 pack

Inner Dimensions/Weight: 155x100x60/400g

HS Code: N/A

Description: Pack of 10 x Plain 15ml Amber Bottles and Pipettes. Medical grade quality glass. Pipettes are lightly fitted and can be firmly sealed after filling. Perfect for practitioners to prepare dosage for clients.

30ML BOTTLE & PIPETTE, BLANK AMBER



Product Code: 2099-AU

Weight: 60g

RRP: AUD 19.95 per 10 pack

Inner Dimensions/Weight: 180x115x70/580g

HS Code: N/A

Description: Pack of 10 x Plain 30ml Amber Bottles and Pipettes. Medical grade quality glass. Pipettes are lightly fitted and can be firmly sealed after filling. Perfect for practitioners to prepare dosage for clients.

Our range of Remedy Essences e.g. Emergency Essence, are formulated for specific applications to help support you and your family's emotional health and wellbeing.

Remedy Essences are ready to take. Simply place 7 drops under the tongue or in a glass of water on rising and retiring. In today's world, we are constantly being emotionally buffeted by the pressures of work, family, relationships and the frantic pace of life. Australian Bush Flower Essences work on an emotional level, balancing and harmonising your overall wellbeing.



ABUND ESSENCE

Product Code: 201-AU

ml/Size: 30ml

Dimensions HxD: 106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Aids in releasing negative beliefs, family patterns, sabotage and sense of lack. In so doing, it allows you to be open to fully receiving great riches on all levels, not just financial.

Contains Bush Essences: Bluebell, Boab, Christmas Bell, Five Corners, Philotheca, Pink Flannel Flower, Southern Cross and Sunshine Wattle.

⊕ Joyful sharing; belief in abundance; clears financial sabotage patterns; universal trust.

⊖ Pessimistic; closed to receiving; poverty consciousness.

Inner Carton Qty: 20

Inner Dimensions/Weight: 120x144x180mm - 1780g

HS Code: 2208.90



ADOL ESSENCE

Product Code: 202-AU

ml/Size: 30ml

Dimensions HxD: 106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Addresses the major issues teenagers commonly experience. It enhances acceptance of self, communication, social skills, harmony in relationships, maturity, emotional stability and optimism.

Contains Bush Essences: Billy Goat Plum, Boab, Bottlebrush, Dagger Hakea, Five Corners, Flannel Flower, Kangaroo Paw, Red Helmet Orchid, Southern Cross, Sunshine Wattle and Tall Yellow Top.

⊕ Coping with change; consideration of others; enhances communication; self-esteem.

⊖ Feeling of hopelessness, insensitivity, sense of not belonging; 'it's not fair' attitude; rebellious, anger.

Inner Carton Qty: 20

Inner Dimensions/Weight: 120x144x180mm - 1780g

HS Code: 2208.90



BODY BEAUTIFUL ESSENCE

Product Code: 225-AU

ml/Size: 30ml

Dimensions HxD: 106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: This essence encourages love, nurturing, care and touch of your body. Helps to deal with any dislike and non-acceptance of one's body, skin texture or intimate loving touch.

Contains Bush Essences: Billy Goat Plum, Five Corners, Flannel Flower, Little Flannel Flower, Philotheca, Pink Flannel Flower, She Oak, Wisteria.

⊕ Acceptance of physical body; love and nurturing of self.

⊖ Dislike of self, body; skin texture and touch.

Inner Carton Qty: 20

Inner Dimensions/Weight: 120x144x180mm - 1780g

HS Code: 2208.90



BOOST ESSENCE

Product Code: 223-AU

ml/Size: 30ml

Dimensions HxD: 106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: This essence has been specifically formulated to support and boost you through changing and challenging times.

Contains Bush Essences: Bottlebrush, Bush Iris, Crowea, Dog Rose, Fringed Violet, Illawarra Flame Tree, Sturt Desert Pea, Sundew.

⊕ Resilience; calm and balanced; feeling safe and reassured; grounded; courage.

⊖ Overwhelmed by change; feeling "out of sorts"; Overly sensitive to others or to the negative energies of situations or environments.

Inner Carton Qty: 20

Inner Dimensions/Weight: 120x144x180mm - 1780g

HS Code: 2208.90



CALM & CLEAR ESSENCE

Product Code: 203-AU

ml/Size: 30ml

Dimensions HxD: 106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Helps to find time for one's self, to relax without external pressures & demands, to wind down and enjoy relaxing pursuits.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Fuchsia, Crowea, Jacaranda, Little Flannel Flower, Paw Paw.

⊕ Encourages own time & space; wind down, relax and have fun; clarity; calmness and peace.

⊖ Always overcommitted; no time for self; impatience; rushing; overwhelm.

Inner Carton Qty: 20

Inner Dimensions/Weight: 120x144x180mm - 1780g

HS Code: 2208.90



CARERS ESSENCE

Product Code: 224-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Supports the caregiver to feel their inner strength and their resilience when they are feeling overwhelmed or burdened by the responsibility of looking after another. The Carers Essence helps one to feel calm, optimistic, able to cope and also pay heed to and look after their own needs.

Contains Bush Essences: Alpine Mint Bush, Crowea, Fringed Violet, Green Spider Orchid, Macrocarpa, Paw Paw, Sunshine Wattle.

- ⊕ *Feeling calm; looking after self; renewal.*
- ⊖ *Overwhelm; burdened by responsibility; overconcern.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



CONFID ESSENCE

Product Code: 205-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Brings out the positive qualities of self-esteem and confidence. It allows us to feel comfortable around other people and resolve negative beliefs we may hold about ourselves as well as any guilt we may harbour from past actions.

Contains Bush Essences: Boab, Dog Rose, Five Corners, Southern Cross, Sturt Desert Rose.

- ⊕ *Taking responsibility for one's life; integrity, confidence; personal power; true to one's self.*
- ⊖ *Low self-esteem; guilt; shyness; lack of conviction; victim mentality.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



CREATIVE ESSENCE

Product Code: 208-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Creative Essence frees the voice and opens the heart. It allows you to tap into your own creative energy, inspiring artistic, creative and emotional expression. It also assists to clear creative blocks and access the creative energy of the universe. This Essence gives courage and clarity in public speaking and singing.

Contains Bush Essences: Bush Fuchsia, Crowea, Five Corners, Flannel Flower, Red Grevillea, Tall Mulla Mulla, Turkey Bush.

- ⊕ *Enhances singing; creative expression; clarity of voice; public speaking.*
- ⊖ *Creative blocks and inhibitions; difficulty expressing feelings.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



DYNAMIS ESSENCE

Product Code: 206-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Renews enthusiasm and joy for life. It is for those who feel 'not quite right', jaded or not fully recovered from setbacks.

Contains Bush Essences: Banksia Robur, Crowea, Illawarra Flame Tree, Macrocarpa, Old Man Banksia, Yellow Cowslip Orchid

- ⊕ *Renews passion and enthusiasm for life; centres and harmonises one's vital forces.*
- ⊖ *Temporary loss of drive; enthusiasm and excitement.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



ELECTRO ESSENCE

Product Code: 207-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Electro Essence helps release uncomfortable feelings associated with earth, electrical and electromagnetic radiation. It helps to bring one into balance with the natural rhythms of the earth.

Contains Bush Essences: Bush Fuchsia, Crowea, Fringed Violet, Mulla Mulla, Paw Paw, Waratah.

- ⊕ *Reduces emotional effects of radiation; sense of wellbeing; harmony with life and the environment.*
- ⊖ *Feeling drained and flat; out of balance with earth rhythms.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



EMERGENCY ESSENCE

Product Code: 200-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Emergency Essence is excellent for any emotional upset. It has a calming effect during a crisis. If a person needs specialised medical help, this Essence will provide comfort until treatment is available. Administer this remedy every hour or more frequently if necessary, until the person feels better.

Contains Bush Essences: Angelsword, Crowea, Dog Rose of the Wild Forces, Fringed Violet, Grey Spider Flower, Sundew, Waratah.

- ⊕ *Ability to cope; comfort; reassurance and courage*
- ⊖ *Any emotional distress.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



FOCUS ESSENCE

Product Code: 204-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Gives clarity and focus when working, speaking, reading or studying. It balances the intuitive and cognitive processes and helps integrate ideas and information. Excellent for study or pursuits that require intense focus. It assists problem-solving by improving access to the Higher Self, which stores all past knowledge and experiences.

Contains Bush Essences: Bush Fuchsia, Isopogon, Jacaranda, Paw Paw, Sundew.

- ⊕ *Assimilates ideas; clarity and focus.*
- ⊖ *Daydreaming; scattered; overwhelm.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



MEDITATION ESSENCE

Product Code: 209-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Awakens one's spirituality and allows one to go deeper into any religious or spiritual practice. Enhances access to the Higher Self, providing psychic protection and healing of the aura. Highly recommended for anyone practicing meditation.

Contains Bush Essences: Angelsword, Boronia, Bush Fuchsia, Bush Iris, Fringed Violet, Green Spider Orchid, Red Lily

- ⊕ *Enhance spirituality and intuition; inner guidance; accessing one's Higher Self; deeper meditation; telepathy.*
- ⊖ *Poor quality meditation, psychic attack, damaged aura, psychically drained.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



MEN'S ESSENCE

Product Code: 222-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: For men always on the go, off and rushing which can lead to impatience and irritability. Finding and expressing one's feelings.

Contains Bush Essences: Black-eyed Susan, Bluebell, Boab, Flannel Flower, Little Flannel Flower, Red Helmet Orchid, Sturt Desert Pea, Yellow Cowslip Orchid.

⊕ *Male bonding; physically active; fun and sense of humour; opening your heart.*

⊖ *Father issues; couch potato; always on the go and rushing; being overly critical and judgemental.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



PURIFYING ESSENCE

Product Code: 210-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: To release and clear emotional waste and residual byproducts, to clear built-up emotional baggage.

Contains Bush Essences: Bauhinia, Bottlebrush, Bush Iris, Dagger Hakea, Dog Rose, Wild Potato Bush

⊕ *Sense of release and relief; spring cleaned.*

⊖ *Emotional waste; feeling encumbered; emotional baggage.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



RELATIONSHIP ESSENCE

Product Code: 211-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Enhances the quality of all relationships, especially intimate ones. It clears and releases resentment, blocked emotions and the confusion, emotional pain and turmoil of a rocky relationship. Helps one verbalise, express feelings and improve communication. This Essence breaks the early negative family conditioning and patterns which affect us in our current adult relationships.

Contains Bush Essences: Bluebell, Boab, Bottlebrush, Bush Gardenia, Dagger Hakea, Flannel Flower, Mint Bush, Red Helmet Orchid, Red Suva Frangipani, Wedding Bush.

⊕ *Expressing feelings; enhanced communication; breaks negative family conditioning; renews interest; enhances parental-child bonding.*

⊖ *Emotional upset of a rocky relationship; resentment; blocked, held-in emotions; inability to relate.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



SEXUALITY ESSENCE

Product Code: 212-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Helpful for releasing negative experiences associated with one's sexuality. It allows one to feel comfortable with and to fully accept one's body. It enables the individual to be open to sensuality and touch and to enjoy physical and emotional intimacy. Sexuality Essence renews passion and interest in relationships.

Contains Bush Essences: Billy Goat Plum, Bush Gardenia, Flannel Flower, Fringed Violet, Little Flannel Flower, Sturt Desert Rose, Wisteria.

⊕ *Renews passion, sensuality; enjoy touch and intimacy; playfulness; fulfilment.*

⊖ *Emotional effects of abuse; emotional trauma associated with sexuality; shame; uptight about sexuality; uncomfortable with intimacy.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



SOLARIS ESSENCE

Product Code: 213-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Is for uncomfortable emotional feelings associated with heat, fire and sun. An excellent remedy to have handy during summer and long exposure to the sun.

Contains Bush Essences: Mulla Mulla, She Oak, Spinifex.

⊕ *Greatly relieves emotional effects of heat, fire and sun.*

⊖ *Uncomfortable emotional feelings associated with heat, fire and sun.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



TRANSITION ESSENCE

Product Code: 214-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Helps one to cope and move through any major life change. It brings about an awareness of one's life direction especially for people who are at a crossroad. Alternatively, those who know what they want but do not know how to achieve it will benefit from this combination. It helps ease the emotional upset associated with death as well as helping one come to terms with it. This remedy, consequently, allows one to easily and gently pass over with calmness, dignity and serenity.

Contains Bush Essences: Autumn Leaves, Bauhinia, Bottlebrush, Bush Iris, Lichen, Mint Bush, Red Grevillea, Silver Princess.

⊕ *Acceptance of change; serenity; passing over in peace; sense of direction and purpose.*

⊖ *Feeling stuck; lack of direction; concern with one's mortality and the unknown; non-acceptance; uncomfortable with change.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



TRAVEL ESSENCE

Product Code: 215-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Addresses the problems encountered with jet travel. It enables a person to arrive at their destination feeling balanced and ready to go. The use of this Essence is beneficial for all forms of travel.

Contains Bush Essences: Banksia Robur, Bottlebrush, Bush Fuchsia, Bush Iris, Crowea, Fringed Violet, Macrocarpa, Mulla Mulla, Paw Paw, Red Lily, She Oak, Silver Princess, Sundew, Tall Mulla Mulla

⊕ *Refreshes, centres; maintains sense of personal space.*

⊖ *Disorientation, personally depleted and drained; emotional effects of travel.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



WOMAN ESSENCE

Product Code: 216-AU

ml/Size: 30ml

Dimensions HxD:
106x30mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Harmonises any emotional imbalances during menstruation and menopause. It allows a woman to discover and feel good about herself, her own body and her beauty.

Contains Bush Essences: Billy Goat Plum, Bottlebrush, Bush Fuchsia, Crowea, Five Corners, Mulla Mulla, Old Man Banksia, Peach-flowered Tea-tree, Pink Flannel Flower, She Oak

⊕ *Female life cycle balance; restores emotional balance, coping with change.*

⊖ *Emotional ups and downs; feeling flat; overly critical of and dislike of one's body,*

Inner Carton Qty: 20

Inner Dimensions/Weight:
120x144x180mm - 1780g

HS Code: 2208.90



This fast-acting formulation uses Australian native flower essences, carefully gathered in the wild. These Oral Sprays come in a handy pocket or purse pack size for fast acting convenience. Just 3 sprays in the mouth anytime, anywhere.



ABUND ORAL SPRAY

Product Code: 2301-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: Aids in releasing negative beliefs, family patterns, sabotage and sense of lack. In so doing, it allows you to be open to fully receiving great riches on all levels, not just financial.

Contains Bush Essences: Bluebell, Boab, Christmas Bell, Five Corners, Philotheca, Pink Flannel Flower, Southern Cross and Sunshine Wattle .

- ⊕ Joyful sharing; belief in abundance; clears financial sabotage patterns; universal trust.
 - ⊖ Pessimistic; closed to receiving; poverty consciousness.
- Inner Carton Qty:** 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



CALM & CLEAR ORAL SPRAY

Product Code: 2303-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: Helps to find time for one's self, to relax without external pressures & demands, to wind down and enjoy relaxing pursuits.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Fuchsia, Crowea, Jacaranda, Little Flannel Flower, Paw Paw.

- ⊕ Encourages own time & space; wind down, relax and have fun; clarity; calmness and peace.
 - ⊖ Always overcommitted; no time for self; impatience; rushing; overwhelm.
- Inner Carton Qty:** 20
Inner Dimensions/Weight: 120x144x180mm - 1540g
HS Code: 2208.90



BOOST ORAL SPRAY

Product Code: 2323-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: This essence has been specifically formulated to support and boost you through changing and challenging times.

Contains Bush Essences: Bottlebrush, Bush Iris, Crowea, Dog Rose, Fringed Violet, Illawarra Flame Tree, Sturt Desert Pea, Sundew.

- ⊕ Resilience; calm and balanced; feeling safe and reassured; grounded; courage.
 - ⊖ Overwhelmed by change; feeling "out of sorts"; Overly sensitive to others or to the negative energies of situations or environments.
- Inner Carton Qty:** 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



BODY BEAUTIFUL ORAL SPRAY

Product Code: 2325-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: This essence encourages love, nurturing, care and touch of your body. Helps to deal with any dislike and non-acceptance of one's body, skin texture or intimate loving touch.

Contains Bush Essences: Billy Goat Plum, Five Corners, Flannel Flower, Little Flannel Flower, Philotheca, Pink Flannel Flower, She Oak, Wisteria.

- ⊕ Acceptance of physical body; love and nurturing of self.
 - ⊖ Dislike of self, body; skin texture and touch.
- Inner Carton Qty:** 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



ADOL ORAL SPRAY

Product Code: 2302-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: Addresses the major issues teenagers commonly experience. It enhances acceptance of self, communication, social skills, harmony in relationships, maturity, emotional stability and optimism.

Contains Bush Essences: Billy Goat Plum, Boab, Bottlebrush, Dagger Hakea, Five Corners, Flannel Flower, Kangaroo Paw, Red Helmet Orchid, Southern Cross, Sunshine Wattle and Tall Yellow Top.

- ⊕ Coping with change; consideration of others; enhances communication; self-esteem.
 - ⊖ Feeling of hopelessness; insensitive; sense of not belonging; 'it's not fair' attitude; embarrassment; rebellious, anger.
- Inner Carton Qty:** 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



CARERS ORAL SPRAY

Product Code: 2324-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Supports the caregiver to feel their inner strength and their resilience when they are feeling overwhelmed or burdened by the responsibility of looking after another. The Carers Essence helps one to feel calm, optimistic, able to cope and also pay heed to and look after their own needs.

Contains Bush Essences: Alpine Mint Bush, Crowea, Fringed Violet, Green Spider Orchid, Macrocarpa, Paw Paw, Sunshine Wattle.

- ⊕ *Feeling calm; looking after self; renewal.*
- ⊖ *Overwhelm; burdened by responsibility; overconcern.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



CONFID ORAL SPRAY

Product Code: 2305-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Brings out the positive qualities of self-esteem and confidence. It allows us to feel comfortable around other people and resolve negative beliefs we may hold about ourselves as well as any guilt we may harbour from past actions.

Contains Bush Essences: Boab, Dog Rose, Five Corners, Southern Cross, Sturt Desert Rose.

- ⊕ *Taking responsibility for one's life; integrity, confidence; personal power; true to one's self.*
- ⊖ *Low self-esteem; guilt; shyness; lack of conviction; victim mentality.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



CREATIVE ORAL SPRAY

Product Code: 2308-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Creative Essence frees the voice and opens the heart. It allows you to tap into your own creative energy, inspiring artistic, creative and emotional expression. It also assists to clear creative blocks and access the creative energy of the universe. This Essence gives courage and clarity in public speaking and singing.

Contains Bush Essences: Bush Fuchsia, Crowea, Five Corners, Flannel Flower, Red Grevillea, Tall Mulla Mulla, Turkey Bush.

- ⊕ *Enhances singing; creative expression; public speaking.*
- ⊖ *Creative blocks and inhibitions; difficulty expressing feelings.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



DYNAMIS ORAL SPRAY

Product Code: 2306-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Renews enthusiasm and joy for life. It is for those who feel 'not quite right', jaded or not fully recovered from setbacks.

Contains Bush Essences: Banksia Robur, Crowea, Illawarra Flame Tree, Macrocarpa, Old Man Banksia, Yellow Cowslip Orchid.

- ⊕ *Renews passion and enthusiasm for life; centres and harmonises one's vital forces.*
- ⊖ *Temporary loss of drive; enthusiasm and excitement.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



ELECTRO ORAL SPRAY

Product Code: 2307-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Electro Essence helps release uncomfortable feelings associated with earth, electrical and electromagnetic radiation. It helps to bring one into balance with the natural rhythms of the earth.

Contains Bush Essences: Bush Fuchsia, Crowea, Fringed Violet, Mulla Mulla, Paw Paw, Waratah.

- ⊕ *Reduces emotional effects of radiation; sense of wellbeing; harmony with life and the environment.*

- ⊖ *Feeling drained and flat; out of balance with earth rhythms.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



EMERGENCY ORAL SPRAY

Product Code: 2300-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Excellent for any emotional upset. This Essence is comforting and has a calming effect.

Contains Bush Essences: Angelsword, Crowea, Dog Rose of the Wild Forces, Fringed Violet, Grey Spider Flower, Sundew, Waratah.

- ⊕ *Ability to cope; comfort; reassurance and courage*
- ⊖ *Any emotional distress.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



FOCUS ORAL SPRAY

Product Code: 2304-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Gives clarity and focus when working, speaking, reading or studying. It balances the intuitive and cognitive processes and helps integrate ideas and information. Excellent for study or pursuits that require intense focus. It assists problem-solving by improving access to the Higher Self, which stores all past knowledge and experiences.

Contains Bush Essences: Bush Fuchsia, Isopogon, Jacaranda, Paw Paw, Sundew.

- ⊕ *Assimilates ideas; clarity and focus.*
- Daydreaming; scattered; overwhelm.*

- ⊖ *Any emotional distress.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



MEDITATION ORAL SPRAY

Product Code: 2309-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Awakens one's spirituality and allows one to go deeper into any religious or spiritual practice. Enhances access to the Higher Self, providing psychic protection and healing of the aura. Highly recommended for anyone practicing meditation.

Contains Bush Essences: Angelsword, Boronia, Bush Fuchsia, Bush Iris, Fringed Violet, Green Spider Orchid, Red Lily.

- ⊕ *Enhance spirituality and intuition; inner guidance; accessing one's Higher Self; deeper meditation; telepathy.*

- ⊖ *Poor quality meditation, psychic attack, damaged aura, psychically drained.*

Inner Carton Qty: 20

Inner Dimensions/Weight:
100x155x185mm - 1540g

HS Code: 2208.90



MEN'S ORAL SPRAY

Product Code: 2322-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: For men always on the go, off and rushing which can lead to impatience and irritability. Finding and expressing one's feelings.

Contains Bush Essences: Black-eyed Susan, Bluebell, Boab, Flannel Flower, Little Flannel Flower, Red Helmet Orchid, Sturt Desert Pea, Yellow Cowslip Orchid.

⊕ *Male bonding; physically active; fun and sense of humour; opening your heart.*

⊖ *Father issues; couch potato; always on the go and rushing; being overly critical and judgemental.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



PURIFYING ORAL SPRAY

Product Code: 2310-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: To release and clear emotional waste and residual byproducts, to clear built-up emotional baggage.

Contains Bush Essences: Bauhinia, Bottlebrush, Bush Iris, Dagger Hakea, Dog Rose, Wild Potato Bush

⊕ *Sense of release and relief; spring cleaned.*

⊖ *Emotional waste; feeling encumbered; emotional baggage.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



RELATIONSHIP ORAL SPRAY

Product Code: 2311-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Enhances the quality of all relationships, especially intimate ones. It clears and releases resentment, blocked emotions and the confusion, emotional pain and turmoil of a rocky relationship. Helps one verbalise, express feelings and improve communication. This Essence breaks the early negative family conditioning and patterns which affect us in our current adult relationships.

Contains Bush Essences: Bluebell, Boab, Bottlebrush, Bush Gardenia, Dagger Hakea, Flannel Flower, Mint Bush, Red Helmet Orchid, Red Suva Frangipani, Wedding Bush.

⊕ *Expressing feelings; enhanced communication; breaks negative family conditioning; renews interest; enhances parental-child bonding.*

⊖ *Emotional upset of a rocky relationship; resentment; blocked, held-in emotions; inability to relate.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



SEXUALITY ORAL SPRAY

Product Code: 2312-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Helpful for releasing negative experiences associated with one's sexuality. It allows one to feel comfortable with and to fully accept one's body. It enables the individual to be open to sensuality and touch and to enjoy physical and emotional intimacy. Sexuality Essence renews passion and interest in relationships.

Contains Bush Essences: Billy Goat Plum, Bush Gardenia, Flannel Flower, Fringed Violet, Little Flannel Flower, Sturt Desert Rose, Wisteria.

⊕ *Renews passion, sensuality; enjoy touch and intimacy; playfulness; fulfilment.*

⊖ *Emotional effects of abuse; emotional trauma associated with sexuality; shame; uptight about sexuality; uncomfortable with intimacy.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



SOLARIS ORAL SPRAY

Product Code: 2313-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Is for uncomfortable emotional feelings associated with heat, fire and sun. An excellent remedy to have handy during summer and long exposure to the sun.

Contains Bush Essences: Mulla Mulla, She Oak, Spinifex.

⊕ *Greatly relieves emotional effects of heat, fire and sun.*

⊖ *Uncomfortable emotional feelings associated with heat, fire and sun.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



TRANSITION ORAL SPRAY

Product Code: 2314-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Helps one to cope and move through any major life change. It brings about an awareness of one's life direction especially for people who are at a crossroad. Alternatively, those who know what they want but do not know how to achieve it will benefit from this combination. It helps ease the emotional upset associated with death as well as helping one come to terms with it. This remedy, consequently, allows one to easily and gently pass over with calmness, dignity and serenity.

Contains Bush Essences: Autumn Leaves, Bauhinia, Bottlebrush, Bush Iris, Lichen, Mint Bush, Red Grevillea, Silver Princess.

⊕ *Acceptance of change; serenity; passing over in peace; sense of direction and purpose.*

⊖ *Feeling stuck; lack of direction; concern with one's mortality and the unknown; non-acceptance; uncomfortable with change.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



TRAVEL ORAL SPRAY

Product Code: 2315-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Addresses the problems encountered with jet travel. It enables a person to arrive at their destination feeling balanced and ready to go. The use of this Essence is beneficial for all forms of travel.

Contains Bush Essences: Banksia Robur, Bottlebrush, Bush Fuchsia, Bush Iris, Crowea, Fringed Violet, Macrocarpa, Mulla Mulla, Paw Paw, Red Lily, She Oak, Silver Princess, Sundew, Tall Mulla Mulla.

⊕ *Refreshes, centres; maintains sense of personal space.*

⊖ *Disorientation; personally depleted and drained; emotional effects of travel.*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



WOMAN ORAL SPRAY

Product Code: 2316-AU

ml/Size: 30ml

Dimensions HxD: 84x34mm

Shelf life: 3 years

Weight: 80g

RRP: AUD 19.95

Description: Harmonises any emotional imbalances during menstruation and menopause. It allows a woman to discover and feel good about herself, her own body and her beauty.

Contains Bush Essences: Billy Goat Plum, Bottlebrush, Bush Fuchsia, Crowea, Five Corners, Mulla Mulla, Old Man Banksia, Peach-flowered Tea-tree, Pink Flannel Flower, She Oak

⊕ *Female life cycle balance; restores emotional balance, coping with change.*

⊖ *Emotional ups and downs; feeling flat; overly critical of and dislike of one's body,*

Inner Carton Qty: 20

Inner Dimensions/Weight: 100x155x185mm - 1540g

HS Code: 2208.90



PARENTING AND CHILDCARE REMEDY ESSENCES

Following requests from parents for remedies addressing many common issues arising in their children and a plea from mums for something to give them a boost and some emotional TLC, our Parenting and Childcare range of Remedy Essences was launched.

The Bush Essences work extremely quickly on children, as children don't have as many emotional blocks and barriers as adults. What's more, the Essences are very deep acting, yet gentle, making them a perfect remedy for children.



BOSSY BOOTS

Product Code: 2105-AU
ml/Size: 30ml
Dimensions HxD: 106x30mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: For children with a very big, dominating personality, who like to be in charge and tell others what to do. It aids one to be open to new experiences and ways of doing things; addresses any obsession; assists the perfectionist who is totally unhappy unless things are the way they feel that they should be and where everyone has to do it their way.

Contains Bush Essences: Bauhinia, Boronia, Gynea Lily, Hibbertia, Isopogon, Kangaroo Paw, Rough Bluebell.

⊕ Humility; kindness; compassion.
⊖ Insensitivity; hurtful; manipulative; inflexible.
Inner Carton Qty: 20
Inner Dimensions/Weight: 120x144x180mm - 1780g
HS Code: 2208.90



DREAM TIME

Product Code: 2104-AU
ml/Size: 30ml
Dimensions HxD: 106x30mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: This remedy helps getting children, especially those who are always 'on the go', to wind down, become peaceful, calm, relaxed and get ready for bed. With added Essences to help protect these sensitive beings from picking up any negativity from their environments. Bottlebrush brings about serenity by allowing them to let go and surrender to the 'land of nod'.

Contains Bush Essences: Angelsword, Black-eyed Susan, Boronia, Bottlebrush, Bush Iris, Crowea, Fringed Violet.

⊕ Peace and calm; winding down; serenity.
⊖ Noisy mind; feeling busy; unsettled; not wanting to miss anything.
Inner Carton Qty: 20
Inner Dimensions/Weight: 120x144x180mm - 1780g
HS Code: 2208.90



PARENTING AND CHILDCARE REMEDY ESSENCES



FUSSPOT

Product Code: 2101-AU
ml/Size: 30ml
Dimensions HxD: 106x30mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: A wonderful remedy to transform a child who is nit-picking, inflexible, controlling and pedantic into being open to change and more relaxed. Reduces the number of knee-jerk reactions if things aren't perfect for them. Also, for a child who decides they don't like something before even trying it. Fantastic for a stubborn controlling personality.

Contains Bush Essences: Bauhinia, Black-eyed Susan, Boronia, Freshwater Mangrove, Fringed Violet, Hibbertia, Isopogon.

⊕ Open to new ideas and experiences; inner peace; clear minded; flexible.
⊖ Obsessive; controlling; overly sensitive; pedantic.
Inner Carton Qty: 20
Inner Dimensions/Weight: 120x144x180mm - 1780g
HS Code: 2208.90



MUMMA MOJO

Product Code: 2100-AU
ml/Size: 30ml
Dimensions HxD: 106x30mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: A great Essence to give mum a little bit more oomph. It strengthens the connection between a mother and her child or children; enhances her intuition and eases any burden of responsibility and overwhelm. Quite importantly it also helps a mother to pay attention to and look after her own needs, not just her family's.

Contains Bush Essences: Alpine Mint Bush, Bottlebrush, Bush Fuchsia, Crowea, Macrocarpa, Paw Paw, Philotheca.

⊕ Mother-child connection; renewal; enthusiasm
⊖ Not looking after own needs; burdened by responsibility; overwhelmed.
Inner Carton Qty: 20
Inner Dimensions/Weight: 120x144x180mm - 1780g
HS Code: 2208.90



SIBLING HARMONY

Product Code: 2103-AU
ml/Size: 30ml
Dimensions HxD: 106x30mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: Not only will it enhance qualities of forgiveness, compassion and being aware of the needs of others, it will also help to release insecurity, resentment, spitefulness and most importantly, jealousy. I would recommend using this Essence both before and after the birth of a new sibling, especially if it's for a first-born child.

Contains Bush Essences: Dagger Hakea, Dog Rose, Five Corners, Kangaroo Paw, Mountain Devil, Rough Bluebell, Slender Rice Flower.

⊕ Group harmony; awareness of others; self-esteem; forgiveness; compassion.
⊖ Jealousy; aggression; insecurity; maliciousness.
Inner Carton Qty: 20
Inner Dimensions/Weight: 120x144x180mm - 1780g
HS Code: 2208.90



TODDLER TAMER

Product Code: 2102-AU
ml/Size: 30ml
Dimensions HxD: 106x30mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: A lovely remedy to soothe and calm an upset child, especially if they are in meltdown or 'losing it'. You can also think of this remedy if you notice any of the early warning signs of a tantrum brewing and about to unfold. There are Essences in this remedy to not only bring about calm and balance, but to also address rebelliousness, frustration, stubbornness and any accompanying level of manipulation.

Contains Bush Essences: Black-eyed Susan, Bottlebrush, Crowea, Dog Rose of the Wild Forces, Isopogon, Mountain Devil, Red Helmet Orchid.

⊕ Peace and calm; balance; happiness; soothing.
⊖ Losing control; always on the go; anger; distraught; stubborn; rage.
Inner Carton Qty: 20
Inner Dimensions/Weight: 120x144x180mm - 1780g
HS Code: 2208.90



BOSSY BOOTS

Product Code: 2355-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: For children with a very big, dominating personality, who like to be in charge and tell others what to do. It aids one to be open to new experiences and ways of doing things; addresses any obsession; assists the perfectionist who is totally unhappy unless things are the way they feel that they should be and where everyone has to do it their way.

Contains Bush Essences: Bauhinia, Boronia, Gynea Lily, Hibbertia, Isopogon, Kangaroo Paw, Rough Bluebell.

- ⊕ Humility; kindness; compassion.
- ⊖ Insensitivity; hurtful; manipulative; inflexible.

Inner Carton Qty: 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



DREAM TIME

Product Code: 2354-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: This remedy helps getting children, especially those who are always 'on the go', to wind down, become peaceful, calm, relaxed and get ready for bed. With added Essences to help protect these sensitive beings from picking up any negativity from their environments. Bottlebrush brings about serenity by allowing them to let go and surrender to the 'land of nod'.

Contains Bush Essences: Angelsword, Black-eyed Susan, Boronia, Bottlebrush, Bush Iris, Crowea, Fringed Violet.

- ⊕ Peace and calm; winding down; serenity.
- ⊖ Noisy mind; feeling busy; unsettled; not wanting to miss anything.

Inner Carton Qty: 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



FUSSPOT

Product Code: 2351-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: A wonderful remedy to transform a child who is nit-picking, inflexible, controlling and pedantic into being open to change and more relaxed. Reduces the number of knee-jerk reactions if things aren't perfect for them. Also, for a child who decides they don't like something before even trying it. Fantastic for a stubborn controlling personality.

Contains Bush Essences: Bauhinia, Black-eyed Susan, Boronia, Freshwater Mangrove, Fringed Violet, Hibbertia, Isopogon.

- ⊕ Open to new ideas and experiences; inner peace; clear minded; flexible.
- ⊖ Obsessive; controlling; overly sensitive; pedantic.

Inner Carton Qty: 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



MUMMA MOJO

Product Code: 2350-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: A great Essence to give mum a little bit more oomph. It strengthens the connection between a mother and her child or children; enhances her intuition and eases any burden of responsibility and overwhelm. Quite importantly it also helps a mother to pay attention to and look after her own needs, not just her family's.

Contains Bush Essences: Alpine Mint Bush, Bottlebrush, Bush Fuchsia, Crowea, Macrocarpa, Paw Paw, Philotheca.

- ⊕ Mother-child connection; renewal; enthusiasm
- ⊖ Not looking after own needs; burdened by responsibility; overwhelmed.

Inner Carton Qty: 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



TODDLER TAMER

Product Code: 2352-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: A lovely remedy to soothe and calm an upset child, especially if they are in meltdown or 'losing it'. You can also think of this remedy if you notice any of the early warning signs of a tantrum brewing and about to unfold. There are Essences in this remedy to not only bring about calm and balance, but to also address rebelliousness, frustration, stubbornness and any accompanying level of manipulation.

Contains Bush Essences: Black-eyed Susan, Bottlebrush, Crowea, Dog Rose of the Wild Forces, Isopogon, Mountain Devil, Red Helmet Orchid.

- ⊕ Peace and calm; balance; happiness; soothing.
- ⊖ Losing control; always on the go; anger; distraught; stubborn; rage.

Inner Carton Qty: 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



SIBLING HARMONY

Product Code: 2353-AU
ml/Size: 30ml
Dimensions HxD: 84x34mm
Shelf life: 3 years
Weight: 80g
RRP: AUD 19.95

Description: Not only will it enhance qualities of forgiveness, compassion and being aware of the needs of others, it will also help to release insecurity, resentment, spitefulness and most importantly, jealousy. I would recommend using this Essence both before and after the birth of a new sibling, especially if it's for a first-born child.

Contains Bush Essences: Dagger Hakea, Dog Rose, Five Corners, Kangaroo Paw, Mountain Devil, Rough Bluebell, Slender Rice Flower.

- ⊕ Group harmony; awareness of others; self-esteem; forgiveness; compassion.
- ⊖ Jealousy; aggression; insecurity; maliciousness.

Inner Carton Qty: 20
Inner Dimensions/Weight: 100x155x185mm - 1540g
HS Code: 2208.90



Support your emotional health and wellbeing with **Australian Bush Flower Essences** and **Pure Aromatherapy Essential Oils** expertly blended together in therapeutic concentrations with organic Jojoba Oil. Housed within Miron glass to preserve and protect the Bush Essences and Essential Oils from light.

Shake well, roll applicator gently back and forwards on neck, wrists, temples or pulse points and breathe deeply.



EMERGENCY

Product Code: 8000-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil to reduce stress and anxiety symptoms, find comfort and calm during emotional upsets. Apply gently to your neck, wrists or pulse points and breathe deeply.

Aroma: Emergency Essence signature scent - Sweet with a subtle spiced undertone.

Contains Bush Essences: Angelsword, Crowea, Dog Rose of the Wild Forces, Fringed Violet, Grey Spider Flower, Sundew, Waratah.

Contains Essential Oils: Bergamot, Chamomile, Lavender, Neroli.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



CALM & CLEAR

Product Code: 8003-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil providing a calming effect, reduces nervous tension and aids relaxation and peace. Apply gently to your neck, wrists or pulse points and breathe deeply.

Aroma: Calm & Clear Essence signature scent - Clear, refreshing and sweet.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Fuchsia, Crowea, Jacaranda, Little Flannel Flower, Paw Paw.

Contains Essential Oils: Neroli, Lavender, Patchouli, Sweet Orange.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



FOCUS

Product Code: 8004-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil to integrate information, aid mental clarity and focus. Apply gently to your neck, wrists or pulse points and breathe deeply.

Aroma: Focus signature scent - uplifting, herbaceous and zesty.

Contains Bush Essences: Bush Fuchsia, Isopogon, Jacaranda, Paw Paw, Sundew.

Contains Essential Oils: Bergamot, Cypress, Lemon Scented Myrtle, Frankincense, Rosemary.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



SENSUALITY

Product Code: 8026-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil to connect with your sensual and passionate self. Apply gently to your neck, wrists or pulse points and breathe deeply.

Aroma: Sensuality Essence signature scent - Sweet, woody and floral

Contains Bush Essences: Billy Goat Plum, Bush Gardenia, Flannel Flower, Little Flannel Flower, Macrocarpa, Wisteria.

Contains Essential Oils: Sandalwood, Ylang Ylang, Rose.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



SLEEP

Product Code: 8028-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil to foster relaxation, serenity and peace, allowing you to unwind and gently drift off even after the hustle and bustle of a busy day. Experience a tranquil and restful night's sleep.

Aroma: Sleep Essence signature scent - a serene blend of woody lavender with calming cedarwood and cinnamon notes.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Iris, Crowea, Fringed Violet, Paw Paw.

Contains Essential Oils: Cinnamon, Eastern Red Cedar, Grapefruit, Guaiac, Lavender, Orange, Patchouli, Rock Rose, Weeping Cypress, Vetiver.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



TRAVEL

Product Code: 8015-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil to reduce stress and anxiety associated with travelling. Apply gently to your neck, wrists or pulse points and breathe deeply.

Aroma: Travel Essence signature scent - Sweet and refreshing with a spicy undertone.

Contains Bush Essences: Banksia Robur, Bottlebrush, Bush Fuchsia, Bush Iris, Crowea, Fringed Violet, Macrocarpa, Mulla Mulla, Paw Paw, Red Lily, She Oak, Silver Princess, Sundew, Tall Mulla Mulla.

Contains Essential Oils: Frankincense, Geranium, Lavender, Sweet Orange.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



WOMAN

Product Code: 8016-AU

ml/Size: 10ml

Dimensions HxWxD: 85x39x25mm

PAO: 12 months

Weight: 60g

RRP: AUD19.95

Description: A harmonious blend of Bush Essences and Pure Aromatherapy Essential Oils blended in Jojoba oil that balances feminine cycles, emotions, reduces tension and irritability and enhances wellbeing. Apply gently to your neck, wrists or pulse points and breathe deeply.

Aroma: Woman Essence signature scent - Fresh, floral and herbaceous.

Contains Bush Essences: Billy Goat Plum, Bottlebrush, Bush Fuchsia, Crowea, Five Corners, Mulla Mulla, Old Man Banksia, Peach-flowered Tea-tree, Pink Flannel Flower, She Oak.

Contains Essential Oils: Bergamot, Geranium, Lavender, Rose.

Inner Carton Qty: 14

Inner Dimensions/Weight: 155x120x150/880g

HS Code: 3301.90



Enhance your environment and support your emotional health and wellbeing with 8 of our most popular Bush Flower Remedy Essences infused with Aromatherapy pure Essential Oils in a luxurious mist. Mist around your aura, working and living space and when travelling, to harmoniously uplift and balance your emotional wellbeing.



EMERGENCY

Product Code: 5000-AU

ml/Size: 50ml

Dimensions HxD:
35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: It has a calming effect during a crisis. If a person needs specialised medical help, this Essence will provide comfort until treatment is available.

Contains Bush Essences: Angelsword, Crowea, Dog Rose of the Wild Forces, Fringed Violet, Grey Spider Flower, Slender Rice Flower, Spinifex Sundew, Waratah

Essential Oils: Neroli, Chamomile, Lavender, Bergamot

⊕ Ability to cope; comfort; reassurance and courage.

⊖ Any emotional distress.

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90



CALM & CLEAR

Product Code: 5003-AU

ml/Size: 50ml

Dimensions HxD:
35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: Helps to find time for one's self, to relax without external pressures & demands, to wind down and enjoy relaxing pursuits.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Fuchsia, Crowea, Jacaranda, Little Flannel Flower, Paw Paw

Essential Oils: Neroli, Patchouli, Lavender, Sweet Orange

⊕ Encourages own time and space; wind down, relax and have fun; clarity; calmness and peace.

⊖ Always overcommitted, no time for self; impatience; rushing, worry.

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90



FOCUS

Product Code: 5004-AU

ml/Size: 50ml

Dimensions HxD:
35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: Focus Essence gives clarity and focus when working, speaking, reading or studying. It balances the intuitive and cognitive processes and helps integrate ideas and information.

Contains Bush Essences: Bush Fuchsia, Isopogon, Jacaranda, Paw Paw, Sundew

Essential Oils: Bergamot, Cypress, Lemon Scented Myrtle, Frankincense, Rosemary

⊕ Assimilating ideas, clarity, focus.

⊖ Daydreaming, scattered, overwhelm.

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90



SENSUALITY

Product Code: 5026-AU

ml/Size: 50ml

Dimensions HxD:
35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: Encourages the ability to enjoy emotional intimacy, passion and sensual fulfilment.

Contains Bush Essences: Billy Goat Plum, Bush Gardenia, Flannel Flower, Little Flannel Flower, Macrocarpa, Wisteria

Essential Oils: Ylang Ylang, Sandalwood, Rose

⊕ Encourages intimacy; passion & sensual fulfilment.

⊖ Fear of emotional and physical intimacy.

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90

SLEEP



Product Code: 5028-AU

ml/Size: 50ml

Dimensions HxD:
35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: Experience a tranquil and restful night's sleep. This blend fosters relaxation, serenity and peace, allowing you to unwind and gently drift off even after the hustle and bustle of a busy day.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Iris, Crowea, Fringed Violet, Paw Paw

Essential Oils: Cinnamon, Eastern Red Cedar, Grapefruit, Guaiac, Lavender, Orange, Patchouli, Rock Rose, Weeping Cypress, Vetiver

⊕ *Restful sleep, tranquillity, relaxation, serenity.*

⊖ *Busy mind, restlessness, uptight, overly awake.*

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90

SPACE CLEARING



Product Code:
5027-AU & 5127-AU

ml/Size: 50 & 100ml

Dimensions HxD:
50ml: 35 x 115mm
100ml: 45 x 140mm

PAO: 12 months

Weight: 50ml: 120g
100ml: 200g

RRP: AUD 22.95 & 29.95

Description: Creates sacred and harmonious environments. Purifies and releases environments with built-up negative emotional, mental and psychic energies. Great for clearing tense situations and environments and restoring balance.

Contains Bush sscences: Angelsword, Boab, Fringed Violet, Lichen, Red Lily

Essential Oils: Cedarwood, Lemon Scented Eucalyptus, Lavender, Sandalwood

⊕ *Clears negative environments; creates safe and harmonious environments.*

⊖ *Negative mental, emotional & psychic energies .*

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g - 50ml

195x150x130mm - 1520g - 100ml

HS Code: 3301.90

TRAVEL



Product Code: 5015-AU

ml/Size: 50ml

Dimensions HxD:
35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: Addresses the problems encountered with jet travel. It enables a person to arrive at their destination feeling balanced and ready to go.

Contains Bush Essences: Banksia Robur, Bottlebrush, Bush Fuchsia, Bush Iris, Crowea, Fringed Violet, Macrocarpa, Mulla Mulla, Paw Paw, Red Lily, She Oak, Silver Princess, Sundew, Tall Mulla Mulla.

Essential Oils: Frankincense, Lavender, Geranium, Sweet Orange.

⊕ *Refreshes, centres; maintains sense of personal space.*

⊖ *Disorientation; personally depleted and drained; emotional effects of travel.*

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90

WOMAN



Product Code: 5016-AU

ml/Size: 50ml

Dimensions: 35 x 115mm

PAO: 12 months

Weight: 120g

RRP: AUD 22.95

Description: Harmonises any emotional imbalances during menstruation and menopause. It allows a woman to discover and feel good about herself, her own body and her beauty..

Contains Bush Essences: Billy Goat Plum, Bottlebrush, Bush Fuchsia, Crowea, Five Corners, Mulla Mulla, Old Man Banksia, Peach-flowered Tea-tree, Pink Flannel Flower, She Oak

Essential Oils: Rose, Lavender, Geranium, Bergamot

⊕ *Female lifecycle balance; restores emotional balance; coping with change.*

⊖ *Mood swings, weary; physical dislike of self.*

Inner Carton Qty: 12

Inner Dimensions/Weight (WxHxD):

170x125x130mm - 1520g

HS Code: 3301.90

AVAILABLE IN BOTH 50ML & 100ML



Therapeutic Remedy Essence Creams support both one's emotional wellbeing and skin health. They are infused with Bush Essences ethically sourced in pristine and unpolluted regions of the vast Australian continent and also contain therapeutic botanicals. Essence creams are deeply nurturing, hydrating and nourishing, made with certified organic ingredients and suitable for all skin types. All creams are Australian made, cruelty-free, contain no GMO's, are non-toxic and contain no artificial colours.



BODY BEAUTIFUL

Product Code: 6025-AU

ml/Size: 50ml

Dimensions HxWxD:
154x40x30mm

PAO: 12 months

Weight: 80g

RRP: AUD25.95

Description: We should all learn to love and accept our physical body, this body is our temple. Our own body image is shaped by so many external influences which can manifest as a dislike for how we look. Practise love, nurturing and acceptance of who you are. This profoundly moisturising and soothing formulation will help improve the appearance of fine lines, and enhance your skin texture. Apply generously to your face, hands or body as required.

Contains Bush Essences: Billy Goat Plum, Five Corners, Flannel Flower, Little Flannel Flower, Philotheca, Pink Flannel Flower, She Oak, Wisteria.

Inner Carton Qty: 12

Inner Dimensions/Weight:

130x130x165mm - 900g

HS Code: 3304.9

CALM & CLEAR

Product Code: 6003-AU

ml/Size: 50ml

Dimensions HxWxD:
154x40x30mm

PAO: 12 months

Weight: 80g

RRP: AUD25.95



Description: The Calm & Clear Essence cream is for those who are always over-committed, leaving no space for self-care. This organic moisturiser is a skin soothing and clarifying formulation, to calm, balance and nourish before the development of problem skin conditions can arise. This was made for those who are constantly under pressure (which is reflected by their skin condition), looking to slow down and re-focus on themselves. Loaded with skin-nourishing vitamins and anti-oxidants using Avocado, Jojoba, and Rosehip extracts to name a few. Our product is certified organic and 100% Australian made. Apply generously to your face, hands or body as required.

Contains Bush Essences: Black-eyed Susan, Boronia, Bottlebrush, Bush Fuchsia, Crowea, Jacaranda, Little Flannel Flower, Paw Paw.

Inner Carton Qty: 12

Inner Dimensions/Weight:

130x130x165mm - 900g

HS Code: 3304.9

EMERGENCY

Product Code: 6000-AU

ml/Size: 50ml

Dimensions HxWxD:
154x40x30mm

PAO: 12 months

Weight: 80g

RRP: AUD 25.95



Description: The Emergency Essence Cream is ideal for times of emotional turbulence when your skin and complexion are not looking their best. This organic moisturiser has been formulated to nurture, balance and provide rich moisturisation for in-need skin. It is excellent for listless and problem skin and helps to reduce the appearance of fine lines and wrinkles. An excellent moisturiser for times of pressure, emotional turbulence, sadness, grief and life's big and little emergencies. Apply generously to your face, hands or body as required.

Contains Bush Essences: Angelsword, Crowea, Dog Rose of the Wild Forces, Fringed Violet, Grey Spider Flower, Slender Rice Flower, Spinifex, Sundew, Waratah.

Inner Carton Qty: 12

Inner Dimensions/Weight:

130x130x165mm - 900g

HS Code: 3304.9

TRAVEL

Product Code: 6015-AU

ml/Size: 50ml

Dimensions HxWxD:
154x40x30mm

PAO: 12 months

Weight: 80g

RRP: AUD25.95



Description: The Travel Essence cream encourages your skin to feel and look refreshed and ready-to-go after all forms of travel. It encourages the mind and psyche to arrive feeling refreshed, balanced and ready to go. This profoundly moisturising and rehydrating cream is imbued with cosmetically active botanical butters, exquisite oils, herbal extracts and skin balancing Australian Bush Flower Essences that protect your skin against stuffy toxic environments, including offices, cars and planes. Improves the appearance of fine lines and wrinkles. Apply generously to your face, hands or body as required.

Contains Bush Essences: Banksia Robur, Bottlebrush, Bush Fuchsia, Bush Iris, Crowea, Fringed Violet, Macrocarpa, Mulla Mulla, Paw Paw, Red Lily, She Oak, Silver Princess, Sundew, Tall Mulla Mulla.

Inner Carton Qty: 12

Inner Dimensions/Weight:

130x130x165mm - 900g

HS Code: 3304.9

WOMAN

Product Code: 6016-AU

ml/Size: 50ml

Dimensions HxWxD:
154x40x30mm

PAO: 12 months

Weight: 80g

RRP: AUD25.95



Description: The Woman Essence cream encourages the revival of a woman's own innate strength and beauty through life's emotional cycles and seasons of change. The nurturing and balancing Woman Essence Moisturiser is a blend of the most exquisite essential oils, beautifully nurturing botanical butters, herbs and skin rebalancing Australian Bush Flower Essences. It is excellent during all cycles of a woman's life and improves the appearance of fine lines and skin texture. Apply generously to your face, hands or body as required.

Contains Bush Essences: Billy Goat Plum, Bottlebrush, Bush Fuchsia, Crowea, Five Corners, Mulla Mulla, Old Man Banksia, Peach-flowered Tea-tree, Pink Flannel Flower, She Oak

Inner Carton Qty: 12

Inner Dimensions/Weight:

130x130x165mm - 900g

HS Code: 3304.9

ORGANICALLY CERTIFIED SKINCARE

More and more consumers are increasingly aware of the organic benefits to themselves and our global planet. Many 'other' skincare ranges can contain numerous chemicals, delivered to the skin and subsequently absorbed into the bloodstream.

Australian Bush Flower Essences Skincare is certified by The Organic Food Chain Pty Ltd (OFC). It ensures our skincare: does not contain Genetically Modified Organisms (GMO's) or synthetic additives; does not use chemical insecticides, herbicides or fungicides - or treated with ionising radiation and does not interfere with the natural metabolism of livestock and plants.



- Ethically Sourced

Certified Organic

Australian Native Performance Botanicals

Australian Made & Owned

Cruelty Free

No GMO's

Generous Size Packs 100ml & 50ml
- Airless Pump Packs, use 12 months from opening

Priced from \$24.95

All Skin Types

Easy to follow Rituals

Non Toxic

No Artificial Colours



PURIFYING CREAM CLEANSER



Vegan - Cruelty Free - No GMO's - Nothing artificial, Australian Made - For all Skin types

A harmonising cream face cleanser. Gently removes excess oil, surface pollution, makeup, and impurities for smooth, clarified skin. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Organic botanicals smooth, moisturise and help to reduce redness and pigmentation.

Use daily as part of your skin cleansing routine. Can be used on all skin types.

THIS UNIQUE BLEND WILL HELP:
Harmonise, Release and Clear

Contains Bush Essences: Angelsword, Billy Goat Plum, Bottlebrush, Bush Fuchsia, Bush Iris, Dog Rose, Five Corners, Flannel Flower, Fringed Violet.

Contains organically certified botanicals: Aloe Leaf, Arnica, Olive Lea, Rosehip Oil, Sweet Orange Oil.

Product Code: 6201-AU
ml/Size: 100ml
Dimensions HxWxD: 130x50x50
PAO: 12 months
Weight: 180g
RRP: \$29.95
Inner Carton Qty: 9
Inner Dimensions/Weight: 145x165x165/1700g
HS Code: 3304.9

GENTLE CITRUS FACE WASH



Vegan - Cruelty Free - No GMO's - Nothing artificial, Australian Made - For all Skin types

A revitalising and invigorating face wash. Gently removes excess oil and impurities for refreshed skin. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Organic botanicals refresh, moisturise, reduce inflammation and inhibit melanin production.

Use daily to remove excess oil and impurities for refreshed skin.

THIS UNIQUE BLEND WILL HELP:
Renew, Revitalise and Refresh

Contains Bush Essences: Angelsword, Billy Goat Plum, Bottlebrush, Dog Rose, Five Corners, Fringed Violet, Macrocarpa.

Contains organically certified botanicals: Aloe Leaf, Arnica, Olive Lea, Echinacea, Sweet Orange Oil, Lemon Oil.

Product Code: 6200-AU
ml/Size: 100ml
Dimensions HxWxD: 130x50x50
PAO: 12 months
Weight: 180g
RRP: \$29.95
Inner Carton Qty: 9
Inner Dimensions/Weight: 145x165x165/1700g
HS Code: 3304.9

ULTIMATE FACE GEL



Vegan - Cruelty Free - No GMO's - Nothing artificial, Australian Made - For all Skin types

A soothing serum containing powerful antioxidants to moisturise and firm skin. Improves the appearance of fine lines and wrinkles. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Organic botanicals containing powerful antioxidants to soothe, moisturise and enhance firmness.

Use daily after cleansing. Follow with the moisturising component of your skincare ritual.

THIS UNIQUE BLEND WILL HELP:
Harmonise, Release and Clear

Contains Bush Essences: Bottlebrush, Bush Fuchsia, Crowea, Dog Rose, Jacaranda, Little Flower Flower, Old Man Banksia, Paw Paw, She Oak.

Contains organically certified botanicals: Evening Primrose Oil, Emu Bush, Kangaroo Apple, Quandong, Rosehip Oil.

Product Code: 6204-AU
ml/Size: 100ml
Dimensions HxWxD: 30x40x40
PAO: 12 months
Weight: 100g
RRP: \$29.95
Inner Carton Qty: 9
Inner Dimensions/Weight: 150x125x130/960g
HS Code: 3304.9

GENTLE EXFOLIATING CREAM



Vegan - Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

A gentle exfoliating cream that deeply removes excess oil, dead skin cells and impurities for refreshed and radiant skin. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Organic botanicals stimulate cell turnover, brighten and revitalise.

Use 1-2 times per week to boost the performance of your skincare ritual. Gently massage into cleansed skin and leave for 2-4 minutes - rinse well. Follow with the moisturising component of your skincare ritual.

THIS UNIQUE BLEND WILL HELP:

Wash Away Release and Clear

Contains Bush Essences: Angelsword, Bauhinia, Billy Goat Plum, Bottlebrush, Five Corners, Flannel Flower, Fringed Violet.

Contains organically certified botanicals: Apricot Oil, Camellia Oil, Ginkgo Biloba, Jojoba, Siberian Ginseng.

Product Code: 6202-AU

ml/Size: 50ml

Dimensions HxWxD:
150x30x30

PAO: 12 months

Weight: 60g

RRP: \$24.95

Inner Carton Qty: 12

Inner Dimensions/Weight: 160x130x130/900g

HS Code: 3304.9

REPLENISHING NIGHT CREAM



Vegan - Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

A luxurious replenishing night cream containing powerful antioxidants to promote skin elasticity. Rich and nourishing, leaving your skin feeling soft plump and supple.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Use daily after cleansing and serums. Can be used AM and PM on drier skin types.

THIS UNIQUE BLEND WILL HELP:

Relax and Slow Down

Contains Bush Essences: Billy Goat Plum, Black-eyed Susan, Boronia, Crowea, Five Corners, Mulla Mulla, Old Man Banksia, She Oak, Wisteria.

Contains organically certified botanicals: Emu Bush, Jojoba, Kangaroo Apple, Olive Leaf, Quandong.

Product Code: 6205-AU

ml/Size: 50ml

Dimensions HxWxD:
130x40x40

PAO: 12 months

Weight: 100g

RRP: \$29.95

Inner Carton Qty: 9

Inner Dimensions/Weight: 130x125x150/960g

HS Code: 3304.9

INTENSIVE EYE SERUM



Vegan - Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

A hydrating serum to reduce the appearance of dark circles, redness, puffy eyes, fine lines and wrinkles. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Organic botanicals reduce the appearance of dark circles, redness, puffy eyes, fine lines and wrinkles.

Use daily after cleansing. Follow with the moisturising component of your skincare ritual.

THIS UNIQUE BLEND WILL HELP:

Feel your own Gentle Love

Contains Bush Essences: Billy Goat Plum, Crowea, Five Corners, Flannel Flower, Mulla Mulla, Old Man Banksia, She Oak.

Contains organically certified botanicals: Bentonite Clay, Emu Bush, Kangaroo Apple, Quandong, Rose Geranium Flower Oil.

Product Code: 6203-AU

ml/Size: 50ml

Dimensions HxWxD:
30x40x40

PAO: 12 months

Weight: 100g

RRP: \$29.95

Inner Carton Qty: 9

Inner Dimensions/Weight: 150x125x130/960g

HS Code: 3304.9

ILLUMINATING DAY CREAM



Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

An illuminating cream that reduces the signs of ageing and enhances skin tone and elasticity.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Organic botanicals moisturise, reduce signs of ageing and enhance skin tone and elasticity.

Use daily after cleansing and serums. Follow with sunscreen as part of skincare ritual.

THIS UNIQUE BLEND WILL HELP:

Feel Joyful & Confident

Contains Bush Essences: Bauhinia, Five Corners, Fringed Violet, Jacaranda, Little Flannel Flower, Mulla Mulla, She Oak, Sydney Rose.

Contains organically certified botanicals: Aloe Leaf, Avocado, Jojoba, Olive Leaf, Rosehip Oil.

Product Code: 6208-AU

ml/Size: 50ml

Dimensions HxWxD:
150x40x30

PAO: 12 months

Weight: 80g

RRP: \$24.95

Inner Carton Qty: 12

Inner Dimensions/Weight: 160x130x130/890g

HS Code: 3304.9

HONEY MYRTLE HYDRATING MIST



Vegan - Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

A replenishing and hydrating face and body mist, providing antioxidant protection and hydration to boost your natural radiance.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Mist generously on your face and body a few times per day. Mist before or after moisturiser, serums and make-up.

THIS UNIQUE BLEND WILL HELP:

Replenish and Glow

Contains Bush Essences: Jacaranda, Kapok Bush, Mulla Mulla, Old Man Banksia, Pink Flannel Flower, She Oak, Spinifex.

Contains organically certified botanicals: Emu Apple, Honey Myrtle, Kakadu Plum.

Product Code: 6210-AU
ml/Size: 100ml
Dimensions HxWxD: 170x35x35
PAO: 12 months
Weight: 90g
RRP: \$29.95
Inner Carton Qty: 12
Inner Dimensions/Weight: 125x125x120
HS Code: 3304.9

ROSE HYDRATING MIST



Vegan - Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

A replenishing and hydrating face and body mist, providing antioxidant protection and hydration to boost your natural radiance.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Mist generously on your face and body a few times per day. Mist before or after moisturiser, serums and make-up.

THIS UNIQUE BLEND WILL HELP:

Connectedness and Lightness

Contains Bush Essences: Mulla Mulla, Old Man Banksia, Pink Flannel Flower, She Oak, Spinifex, Sundew, Sydney Rose.

Contains organically certified botanicals: Emu Apple, Kakadu Plum, Rose Otto.

Product Code: 6209-AU
ml/Size: 100ml
Dimensions HxWxD: 170x35x35
PAO: 12 months
Weight: 90g
RRP: \$29.95
Inner Carton Qty: 12
Inner Dimensions/Weight: 125x125x120
HS Code: 3304.9

SOOTHING BODY LOTION



Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

A soothing body moisturising lotion, leaves your skin feeling softer, hydrated and lovingly nurtured.

Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Generously massage all over your body

THIS UNIQUE BLEND WILL HELP:

Promote Self Love and Soothe

Contains Bush Essences: Billy Goat Plum, Black-eyed Susan, Crowea, Five Corners, Flannel Flower, Mulla Mulla, Old Man Banksia, She Oak, Wisteria.

Contains organically certified botanicals: Jojoba, Marshmallow Root, Rose Geranium Flower Oil.

Product Code: 6207-AU
ml/Size: 100ml
Dimensions HxWxD: 130x50x50
PAO: 12 months
Weight: 180g
RRP: \$29.95
Inner Carton Qty: 9
Inner Dimensions/Weight: 145x160x160/1720g
HS Code: 3304.9

INTENSIVE HAND CREAM



Cruelty Free - No GMO's -
Nothing artificial, Australian Made -
For all Skin types

An intensive cream that deeply nourishes and protects. Infused with the unique qualities of Australian bush flowers, ethically sourced in pristine and unpolluted regions of the vast Australian landscape for emotional health and wellbeing.

Apply a small amount to the back of your hand and massage into fingers and nails. Reapply after washing your hands.

THIS UNIQUE BLEND WILL HELP:

Confident and Calm

Contains Bush Essences: Angelsword, Crowea, Fringed Violet, Grey Spider Flower, Old Man Banksia, Slender Rice Flower, Spinifex, Sundew, Waratah.

Contains organically certified botanicals: Cocoa Butter, Emu Bush, Kangaroo Apple, Quandong, Sweet Almond Oil, Ylang Ylang Oil.

Product Code: 6206-AU
ml/Size: 50ml
Dimensions HxWxD: 150x30x40
PAO: 12 months
Weight: 40g
RRP: \$24.95
Inner Carton Qty: 12
Inner Dimensions/Weight: 160x130x130/890g
HS Code: 3304.9



Created by Ian White, a 5th generation Australian herbalist, from special high-energy, spiritual locations around the world. The Australian Bush Flower Essences work on the cognitive, physical and emotional level.

The **White Light Essences** work predominantly at a soul level.

The **Light Frequency Essences** work at a Higher-Self level.

The **Divine Presence Essences** are crown-centred Essences that ground and anchor whilst bringing in the highest spiritual energies.



White Light Essences

WATER

Product Code: 7001-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95



Description: The Water Essence was made from an alchemic blend of two Essences - one from each hemisphere; they were prepared on the isle of Iona, on the west coast of Scotland and Heron Island on Australia's Great Barrier Reef. It allows you to intensely experience your own emotional disharmony so that it may then be purified and released. It illuminates the conscious mind so as to reveal and initiate the release of our deepest, most ancient negative karmic patterns.

It also dissolves the boundaries of a person's perceptions and realities. It is very nurturing and cleansing and encourages us all to be more open to receiving and trusting of ourselves and feel Spirit's love vibration that surrounds us.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90

EARTH

Product Code: 7002-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95



Description: Prepared in a sacred cave at the village of Patal Bhuvaneshwar in the far north of India. The Earth Essence helps to heal internal structure and order in life and is a very important grounding remedy, especially for those doing a great deal of Spiritual work. This Essence allows one to tune into the subtle realms and vibrations. It fosters a strong connection, respect and reverence to nature, the Ancients, the earth, the life-force, life and the origins of life.

The Earth Essence helps establish a connection with the Manu of a country, thereby allowing you access and connection to the Essence or vibrational quality of that country.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90

FIRE

Product Code: 7003-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Weight: 90g

RRP: AUD 35.95



Description: This Essence was made in a sacred area of Central Australia. It encompasses the passion, creation, possibilities and potential of Fire. One aspect of the four Elemental White Light Essences - Fire, Water, Air and Earth - is that they help you to connect, embody and master that element while also aligning you to the Nature Spirit of each particular Element. The Essence helps with the burning off of one's dross - or impurities, especially that of the astral body.

This Essence can open people to their most ancient source, back to the moment when the soul originally chose the life purpose for its earthly incarnation.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90

AIR

Product Code: 7004-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95



Description: This Essence was made on top of Schafberg Mountain, St Wolfgang, Austria. The Air Essence allows a person to journey out to much further realms and levels on the spiritual plane. The Air Essence has the potential to bring out a person's spirituality to the highest degree with integrity and passion. This Essence can invoke peace and harmony and let it reign within your heart and mind. It helps you to see life as being simple and to keep it simple, surrendering to God any

problem. The Air Essence allows one's thought processes to become more flowing and gentle. When making a choice this Essence helps one to maintain a balance between an intellectual and an emotional approach, whilst also aiding discrimination and discernment.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90

White Light Essences



HIGHER SELF

Product Code: 7005-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: This Essence was prepared at the Mayan ruins in Palenque, Mexico. It allows one to align to and access their Higher Self. The Higher Self Essence funnels and channels energy of the highest order into one's very core, from where it will radiate out and expand dramatically. It helps us to be aware of what is beyond the physical experience and can help one tap into sources of ancient wisdom and knowledge. Our Higher Self is comprised of every lifetime we

have ever had and this Essence offers the opportunity to help a person connect with these earlier incarnations.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90



DEVIC

Product Code: 7006-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: This Essence was prepared on the summer solstice in the Chalice Well Garden in Glastonbury, England. The Devic Essence helps to establish very strong links with the Devic kingdom, while its spiritual healing quality returns one to a place of simplicity and blissful peace. It brings about a feeling of total oneness – being at one with absolutely everything and far less concerned and preoccupied with the hassle and problems of life. The Devic Essence assists us to care for

ourselves on a spiritual level and brings about a devotional, nurturing quality within us for ourselves and others as well as nature.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90



ANGELIC

Product Code: 7007-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: This Essence was made in Peru on the top of the sacred mountain, Putucusi, directly across from Machu Picchu. Right up until the moment of our death, the Angels are always attempting to inspire and raise our awareness to the spiritual – so that we will look up and embrace the Light. The Angelic Essence allows one to have closer contact with the Angelic realm. The Angelic Essence brings the energy from heaven directly down to earth,

uniting the two. This Essence enables one to aspire beyond the physical while keeping us connected to the mundane.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90

WHITE LIGHT PYRAMID PACK



Product Code: 7000-AU
Dimensions HxWxD: 200x180x150mm
Shelf life: 5 years
Weight: 710g
Inner Carton Qty: 1
Outer Dimensions/Weight: 120x144x180mm - 2610g

Description: The White Light Pyramid Pack has been carefully developed to embrace and protect the beauty and potency of these wonderful essences.

Contains: 7 x essences - Water, Earth, Fire, Air, Higher Self, Devic & Angelic, 1 x book, 1 x CD

RRP: AUD 272.50

Light Frequency Essences



ANTARCTIC

Product Code: 7501-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: The Antarctic Essence allows you to be aware of what is really necessary in your life and in the situations that you are encountering. It enables you to feel tremendous calm, peace and stillness within yourself. This Essence releases those things that are not essential to you and that take you away from your inner peace and being at one with nature. It assists you to find your own pure essence and to let go of whatever takes you from this timeless, clear-centred part of yourself. Another key aspect of the

Antarctic Essence is that it will reveal to you aspects of yourself that are very deep and hidden – what are referred to sometimes as 'old dark crystals'. The Antarctic Essence can also help you to connect to the wisdom of the Ancients as well as your own ancient past.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90



ARCTIC

Product Code: 7502-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: The Arctic Essence primarily frees the pure undiluted light potential of the individual. It both brings in and releases pure light energy within the individual, energy which has been held in suspension, waiting to be activated. What is suspended is not of the physical or Earth, it is of Light. The Arctic Essence allows the thawing and releasing of our suspended Light. This increases our spiritual awareness, which in turn will raise the Light of the planet. The Arctic Essence

is releasing the Light potential within, which does matter and is of supreme significance as part of the soul's evolution and as part of the planetary being's evolution.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90



AMAZON

Product Code: 7503-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: One of the main aspects of the Amazon Essence is its ability to help you to be aware of, tune into and prepare for the immensity and the totality of the massive changes that are happening in nature. The Amazon Essence is helping to activate our brain to function in new ways and for our senses to perceive afresh, enabling us to comprehend and interpret all the old, primordial energies being unleashed and

coming up from the rocks, the water, the trees and from deep within the Earth. The Amazon Essence allows one to access a doorway to consciousness that is beyond matter, to be in the world but not of the world.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90



CHINA

Product Code: 7504-AU
ml/Size: 10ml
Dimensions HxD: 23x80mm
Shelf life: 5 years
Weight: 90g
RRP: AUD 35.95

Description: China Essences takes you beyond matter and integrates the divine masculine and feminine. The China Essence addresses not only the massive destruction, degradation and the pollution of the environment that is occurring in China, but also the cultural pollution – the loss of the old cultural ways, of the ancestry and the lineages. This Essence is a heart-opening remedy that can heal, on

a deep soul level, your own grief arising from this loss of connection that is held in the collective consciousness.

Inner Carton Qty: 1
Inner Dimensions/Weight: 135x70x75/100g
HS Code: 2208.90

Light Frequency Essences



LAKE BAIKAL

Product Code: 7506-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95

Description: When Lemurian civilization chose to abandon spirituality for sensuality and pleasure, the energy on the planet dropped and became denser. Lake Baikal holds that original energy prior to the density developing when the Earth and humanity flowed fully and clearly from the stillness of their hearts that was at one with the Divine. The Lake Baikal Essence allows you to access this pure uncorrupted peacefulness and pure 'at onement'. It enables you to be in that pure still energy of

being at one, so you are less influenced and invaded by mass consciousness and so less likely to make judgements and react.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90



MADAGASCAR

Product Code: 7505-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95

Description: The most important healing quality of the Madagascar Essence is its potential for the eradication of disease and the removal of limiting beliefs around our health and wellbeing that we absorb from mass consciousness. Examples of this is the conditioning and belief that as we get older our minds and bodies will deteriorate and that we only have 70 years of life, the three score and ten syndrome. The Madagascar Essence

will not cure every disease; it is curing the predilection for disease. You would then use another remedy for whatever the specific energetic situation is that needs rebalancing or realigning.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90



MT PINATUBO

Product Code: 7507-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95

Description: Mt. Pinatubo Essence gives you the confidence to take away the masks of fear and conformity and to stand and shine totally in who you truly are and be willing to fully share your uniqueness with everyone and contribute. It allows you to reveal your true "I Am", state which is at the heart of everything. If you know who you are, you know where you are going and how you are going to get there. Mt. Pinatubo Essence is about creation and

co-creation and it completes the Individualised Flame's or Divine Essence's journey from innocence to wisdom that takes you to the highest frequency of who you truly are.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90

LIGHT FREQUENCY PYRAMID PACK

Product Code: 7500-AU

Dimensions HxWxD:
200x180x150mm

Weight: 710g

Inner Carton Qty: 1

Outer Dimensions/Weight:
120x144x180mm - 710g

Shelf life: 5 years

Contains: 7 x essences - Antarctic, Arctic, Amazon, China, Lake Baikal, Madagascar & Mt. Pinatubo.

Description: The Light Frequency Pyramid Pack has been carefully developed to embrace and protect the beauty and potency of these wonderful essences.

RRP: AUD 249.00



Divine Presence Essences



ISIS

Product Code: 7605-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 90g

RRP: AUD 35.95

Description: The Isis Essence is a Blessing from the Great Mother. She has promised to all people that her presence will be felt upon the Earth. With this Essence Isis calls upon all those who are ready to come forward to stand up courageously, both emotionally and spiritually, and promises she will shine on them her Light of Lights that will illuminate their dark places.

Allows you to feel the presence, protection and love of the Divine Feminine. Illuminates our inner dark places where we store our pain and suffering. Creates hope and upliftment.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90



SOLAR LOGOS

Product Code: 7700-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 190g

RRP: AUD 35.95

Description: The Solar Logos activates the light of the Soul within us, enabling us to then access the divine on a personal level. Opens our heart and mind allowing the Christ Consciousness to more readily enter.

Allows our Soul to connect with the source of all Light. Brings light, love and spiritual power, into our bodies, hearts and minds. Manifests the seed of creation within us. Helps us to understand the nature of the divinity that is within us, allowing us to accept our God

nature. Helps bring about the dissolution of all the emotional and spiritual pain that has gathered in the bodies, hearts, and minds of the human race.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90



GAIA

Product Code: 7800-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 190g

RRP: AUD 35.95

Description: This is the third Divine Presence Essence – exceptionally special Essences that Spirit guided Ian White to create and that have the potential to assist us greatly in our growth and development.

Re-establishes our connection with our Higher Self and gets us back in touch with our Divine Purpose, all in a very grounded way. Helps us to be centred; connected to the Divine; present in our body, heart and mind and to radiate

our light into the world. Grounds and anchors us on a deep spiritual level and raises our consciousness.

Assists us to let in and fully experience the Solar Logos energy flooding down on the Earth.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90



RAINBOW

Product Code: 7900-AU

ml/Size: 10ml

Dimensions HxD: 23x80mm

Shelf life: 5 years

Weight: 190g

RRP: AUD 35.95

Description: Allows the Christ Light to radiate deep down into the darkest places of your psyche to find qualities that may have been lost, buried or hidden. By absorbing every colour into your body, heart and mind, it brings you deep understanding, healing and love from the Sources. Makes you aware of your potential and to realise that anything is possible and that you can do anything. Allows you to expand to feel yourself as a being

of Light, connected to the Divine. Creates a feeling of support, protection and being nurtured and assists you to manifest the new way upon the earth - that of cooperation, love, respect, appreciation, peace and harmony.

Inner Carton Qty: 1

Inner Dimensions/Weight:
135x70x75/100g

HS Code: 2208.90

Our beautiful Australian Bush Flower Essence Pendants are unique, exquisite, individually hand blown artpieces. 100% Australian made.

They are created with loving care from medical grade glass, which makes them strong and sturdy. They all come in either a high quality goat's leather cord or a waxed cotton cord. Metal chain is not recommended.

Warning: Not suitable for children under 8 years. Contains small parts.



Adult Pendants

Serenity - Blue

Product Code: 4519-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality black leather
Contains Bush Essences: Calm and Clear



Serenity - Green

Product Code: 4544-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality braided silk
Contains Bush Essences: Calm and Clear



Angel - Clear

Product Code: 4502-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Bush Essences: Angelsword and Fringed Violet



Angel - Light Purple

Product Code: 4503-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Bush Essences: Angelsword and Fringed Violet



Angel - Pink

Product Code: 4518-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality braided silk
Contains Bush Essences: Angelsword and Fringed Violet



Angel - Ocean Green

Product Code: 4529-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Bush Essences: Angelsword and Fringed Violet



Love - Pink

Product Code: 4504-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality silk
Contains Bush Essences: Bluebell, Five Corners, Pink Flannel Flower, Sydney Rose



Passionate Heart - Red

Product Code: 4513-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality braided silk
Contains Bush Essences: Bush Gardenia, Flannel Flower, Little Flannel Flower, Wedding Bush, Wisteria



Electro - Clear

Product Code: 4500-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Bush Essences: Electro



Electro - Light Purple

Product Code: 4501-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Bush Essences: Electro



Focus

Product Code: 4542-AU
Weight: 35g
RRP: AUD 49.95
HS Code: 7017.10
Cord: Leather
Contains Bush Essences: Bush Fuchsia, Isopogon, Jacaranda, Paw Paw, Sundew



PENDANTS

Divine Presence Essence Pendants

ISIS

Product Code: 4505-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality braided silk
Contains Divine Presence Essence: Isis



SOLAR LOGOS

Product Code: 4516-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Divine Presence Essence: Solar Logos



GAIA

Product Code: 4522-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality goat's leather
Contains Divine Presence Essence: Gaia



RAINBOW

Product Code: 4528-AU
Weight: 35g
RRP: AUD 59.95
HS Code: 7017.10
Cord: High quality braided silk
Contains Divine Presence Essence: Rainbow



Children Petite Pendants

PETITE ELECTRO | GREEN

Product Code: 4531-AU
Weight: 35g
RRP: AUD 39.95
HS Code: 7017.10
Cord: Waxed cotton
Contains Bush Essence: Electro



Warning: Not suitable for children under 8 years. Contains small parts.

PETITE ELECTRO | BLUE

Product Code: 4532-AU
Weight: 35g
RRP: AUD 39.95
HS Code: 7017.10
Cord: Waxed cotton
Contains Bush Essence: Electro



Warning: Not suitable for children under 8 years. Contains small parts.

PETITE ELECTRO PENDANT | PINK

Product Code: 4533-AU
Weight: 35g
RRP: AUD 39.95
HS Code: 7017.10
Cord: Waxed cotton
Contains Bush Essence: Electro



Warning: Not suitable for children under 8 years. Contains small parts.

PETITE FOCUS

Product Code: 4543-AU
Weight: 35g
RRP: AUD 39.95
HS Code: 7017.10
Cord: Leather
Contains Bush Essences: Bush Fuchsia, Isopogon, Jacaranda, Paw Paw, Sundew



Warning: Not suitable for children under 8 years. Contains small parts.

PETITE ANGEL PENDANT | LIGHT PURPLE

Product Code: 4534-AU
Weight: 35g
RRP: AUD 39.95
HS Code: 7017.10
Cord: Waxed cotton
Contains Bush Essence: Angelsword and Fringed Violet



Warning: Not suitable for children under 8 years. Contains small parts.



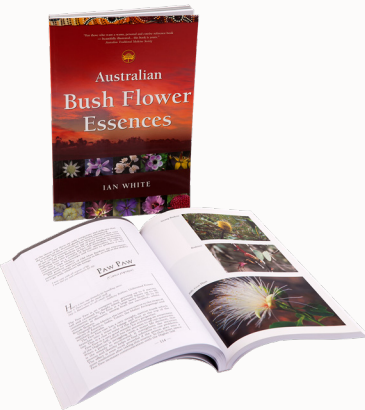


AUSTRALIAN BUSH FLOWER REMEDIES

ABFE Product Code: 4000-AU
RRP: AUD 24.95
Author: Ian White
Format: Paperback
Dimensions HxWxD: 140x170x10mm
Weight: 320g
ISBN: 9780646284033
Publisher: ABFE
HS Code: 4901.99

Ian White's Australian Bush Flower Remedies Reference Book was updated in January 2022 to include stunning colour photographs of all 71 Australian Bush Essence Flowers in their bush setting, photographed by Ian White. Each image reflects the vibrancy and potency of each Essence, whilst also opening up many new ways of healing with the Australian Bush Flower Essences.

An amazing tool for both practitioners and patients to help decide on which Essences to choose.

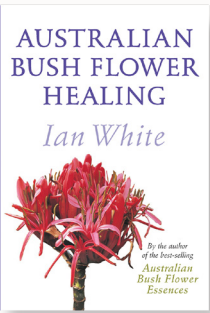


AUSTRALIAN BUSH FLOWER ESSENCES

ABFE Product Code: 4001-AU
RRP: AUD 34.95
Author: Ian White
Format: Paperback
Dimensions HxWxD: 260x175x15mm
Weight: 519g
ISBN: 09780905249841
Publisher: ABFE
HS Code: 4901.99

In Australian Bush Flower Essences Ian gives an informative and personal picture of the first fifty Bush Flower Essences, which include unique stories behind each Essence and its use in all areas of healing.

Beautifully illustrated with colour photos of the individual flowers, this book covers everything from history of flower essences to numerology, kinesiology or age regression.

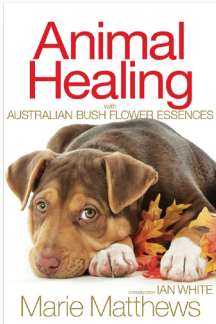


AUSTRALIAN BUSH FLOWER HEALING

ABFE Product Code: 4002-AU
RRP: AUD 39.95
Author: Ian White
Format: Paperback
Dimensions HxWxD: 260x175x15mm
Weight: 519g
ISBN: 09780987570703
Publisher: ABFE
HS Code: 4901.99

This is the companion volume to Ian White's bestselling Australian Bush Flower Essences, first published in 1991 and still the authoritative book in the field. This second book, Australian Bush Flower Healing, covers the 12 Essences that were developed after his first book was published.

This text is also fully illustrated and contains stunning photos of not only the next 12 Bush Essences, but also landscapes of the areas where they grow.

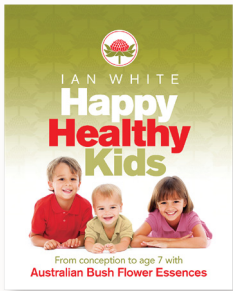


ANIMAL HEALING

ABFE Product Code: 4027-AU
RRP: AUD 29.95
Author: Marie Matthews
Format: Paperback
Dimensions HxWxD: 245x170x10mm
Weight: 500g
ISBN: 09781844096107
Publisher: ABFE
HS Code: 4901.99

A must read book for animal lovers everywhere, ANIMAL HEALING with AUSTRALIAN BUSH FLOWER ESSENCES gives very practical hints for keeping your animals fit and happy as well as dealing with their problems of health and behaviour.

This carefully researched book gives extraordinary insights into the emotional world of your animals and explores the healing powers of Australian Bush Flower Essences.



HAPPY HEALTHY KIDS

ABFE Product Code: 4031-AU
RRP: AUD 29.95
Author: Ian White
Format: Paperback
Dimensions HxWxD: 205x165x18mm
Weight: 630g
ISBN: 09781844096107
Publisher: ABFE
HS Code: 4901.99

Happy Healthy Kids traces a child's physical, emotional and spiritual development from preconception, through pregnancy and birth, to age seven. It is a very accessible, easy to use book jammed full of practical advice and case histories.

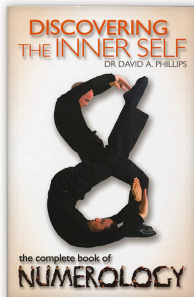
Key emotional issues and a wide variety of everyday ailments a child may face at each stage of growth are described alongside easy-to-implement solutions and a selection of appropriate Bush Essences.



WHITE LIGHT ESSENCES

ABFE Product Code: 7008-AU
RRP: AUD 19.95
Author: Ian White
Format: Paperback
Dimensions HxWxD: 140x170x50mm
Weight: 200g
ISBN: 0958059004
Publisher: ABFE
HS Code: 4901.99

Ian White's book "White Light Essences" takes you on a magical journey to some of the world's most sacred sites where you will experience the making of these vibrational Essences. The book will lead you through each essence's unique spiritual and soul-healing qualities which can be utilised in both personal and practitioner application.

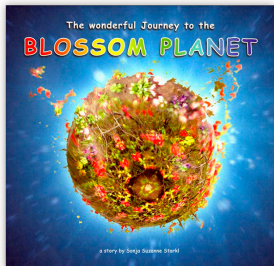


DISCOVERING THE INNER SELF

ABFE Product Code: 4014-AU
RRP: AUD 26.95
Author: Dr. David A. Phillips
Format: Paperback
Dimensions HxWxD: 210x135x20
Weight: 320g
ISBN: 9781875281107
Publisher: Hay House
HS Code: 4901.99

Discovering the Inner Self is a classic and definitive text in numerology. It is a very practical easy to read book that provides you a simple system that allows you to understand the personality, challenges and strengths of an individual within a few moments of looking at their birth date.

Ian White has done the numerology chart of every patient he has ever treated. This is the reference book for Ian's Numerology and Australian Bush Flower Essences workshop and webinar.



BLOSSOM PLANET

ABFE Product Code: 4026-AU
RRP: AUD 24.95
Author: Sonja Suzanne Starkl
Format: Hardback
Dimensions HxWxD: 190x210x10
Weight: 460g
ISBN: 3-9502018-1-5
Publisher: Sonja Suzanne Starkl
HS Code: 4901.99

The story is about the fantastic journey of two children and their guardian angels to the Planet of Flowers, triggered by an accident of the boy Mario, who in a coma-like state gains access to the world of flowers, elves and fairies. His playmate Flora, who visits him in the hospital, accompanies him on his miraculous journey and tells him about the healing properties of the Australian Bush Flowers, which she got to know on a trip to Australia with her parents and which had originated on the Planet of Flowers

On the Blossom Planet the two children get to know and appreciate various Bush Flowers and their tasks for the benefit and wellbeing of humans. With great amazement they take part in the daily lives of fairies and elves and witness miraculous events with the flowers. At the end of their journey RED LILY helps them to return to reality.



FLOWER INSIGHT CARDS

ABFE Product Code: 4003-AU
RRP: AUD 54.95
Format: Paperback
Dimensions HxWxD: 135x94x30mm
Weight: 510g
Language: English
HS Code: 4901.99

The 71 Insight Cards are especially useful for people to help decide on which Essences to choose - simply shuffle the cards and whilst thinking of the issue or situation you are wanting to resolve, pick one or several intuitively. Alternatively slowly and deliberately look through the cards and select the 3 photos that you are most attracted to. Invariably you will choose flowers whose healing qualities are extremely pertinent to the major issues that you are going through at that time.



REMEDY ESSENCE AFFIRMATION CARDS

ABFE Product Code: 4004-AU
RRP: AUD 34.95
Format: Box Set, Brochure with 29 affirmation cards.
Dimensions HxWxD: 90x90mm
Weight: 200g
Language: English
HS Code: 4901.99

Our new Remedy Essence Affirmation Cards are the perfect tool to uplift and transform your mind, body and soul. Get ready to ignite motivation, clarity and desired outcomes with our exclusive collection of 29 inspiring cards.

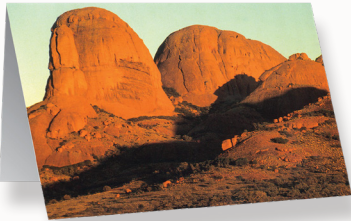
They contain an affirmation card for and photo of a key Bush Essence in each of our Combination Remedies. This includes the six Remedies from the Parenting and Childcare range as well as ones for the Space Clearing and Sensuality Mists. These affirmations work well if used at the same time as taking the corresponding Bush Essence Remedy.



AUSTRALIAN BUSH FLOWER ESSENCES - POSTERS

ABFE Product Code: 4024-AU
RRP: AUD 34.95
Format: Paperback, set of 4 double-sided sheets
Dimensions HxW: 420x 594mm
Weight: 10g
HS Code: 4901.99

These beautiful posters feature stunning colour images of all the Australian Bush Flowers meticulously photographed by Ian White. A brief description of the healing quality of each of these Australian bush flowers is included on the posters, making them a quick reference.



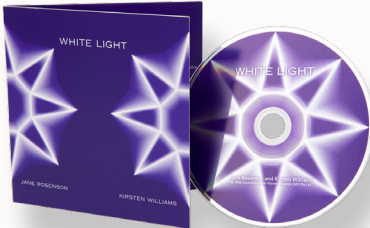
ANGEL OF KATA TJUTA GREETING CARD

ABFE Product Code: 4017-AU
RRP: AUD 24.95
Format: Greeting Card, set of 10
Dimensions HxWxD: 115x 175mm
Weight:
Language: English
HS Code:

10 packaged blank greeting cards with envelopes, perfect for gifting, special occasions, or sending out all the news to loved ones.

The stunning landscape photo of Kata Tjuta in the Australian outback was taken by Ian White on one of his many essence-making trips. Kata Tjuta is located 40km west of Uluru and is sacred to the local Aboriginal people forming an important focus of their spirituality.

“At the time of taking the shot, I was unaware of the angelic presence the clouds were casting on the sacred rocks and domes below. This photo has captured an extraordinary and unrepeatable moment.” - Ian White



WHITE LIGHT

ABFE Product Code: 7009-AU
RRP: AUD 19.95
Format: CD
Dimensions HxWxD: 129x129x4mm
Weight: 40g
Language: English
HS Code: 8523.49.20

Colour is a manifestation of light and, in all cultures and spiritual teachings throughout the ages, colour has always been associated with divine meaning. Harpist Jane Rosenson and violinist Kirsten Williams, both exceptional musicians, have recorded a CD with excerpts from all eight of the musical compositions pertaining to this system of numerology.

Also available as a digital download.



FLOWER & HEALING MEDITATION

ABFE Product Code: 4200-AU
RRP: AUD 19.95
Format: CD
Dimensions HxWxD: 129x129x4mm
Weight: 40g
Language: English
HS Code: 8523.49.20

This CD contains the Flower Meditation from the Level 1 Workshop along with a guided cleansing and purifying meditation. These meditations allow you to tune into the realm of both Spirit and Nature to discover your own inner healing. Many people at the Level 1 Workshop have asked if they would be able to have a copy of the Flower Meditation and we are very happy to make this available. The meditations are available on the CD both with and without background music.

Also available as a digital download.

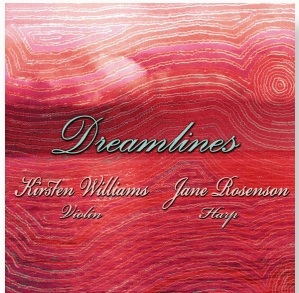


VIGNETTES

ABFE Product Code: 4202-AU
RRP: AUD 19.95
Format: CD
Dimensions HxWxD: 129x129x4mm
Weight: 80g
Language: English
HS Code: 8523.49.20

Vignettes features enchanting melodies, energy-filled rhythms and a rich contemporary kaleidoscope of works for flute/alto flute and harp, which are reflective, sensuous, joyful and jazzy. Jane Rosenson and Emma Sholl made arrangements of quirky compositions as well as including two inspired original works written especially for them. Several of the tracks also feature double bass and percussion.

Also available as a digital download.



DREAMLINES

ABFE Product Code: 4201-AU
RRP: AUD 19.95
Format: CD
Dimensions HxWxD: 129x129x4mm
Weight: 80g
Publication Date: 2002
Language: English
HS Code: 8523.49.20

Dreamlines is the second CD by Jane Rosenson (the principal harpist with the Australian Opera and Ballet Orchestra) and violinist Kirsty Williams (who is the Associate Concertmaster Emeritus of Sydney Symphony), after the release of their first CD together, The White Light CD in 2002.

Dreamlines contains 16 tracks of beautiful, elegant, healing, meditative violin and harp compositions, many of which are well known classical favourites, such as Meditation from Thais, To A Wild Rose and Bizet's Entr'acte from Carmen, Eric Satie's Gymnopedie No 1 and No 3.

Also available as a digital download



CORRESPONDENCE COURSE

ABFE Product Code: CORR-AU
RRP: AUD 395.00 (English),
AUD 475.00 (German)
Weight: 1900g
Language: English, German
Continuing Practitioner Ed:
ANTA (Australia) 50 points
ATMS (Australia) 20 points
NCBTMB (USA) 50 CE's
HS Code: 4901.99

- Correspondence course folder containing 10 modules
- Each module contains personal and case history exercises
- 2 x 30ml Australian Bush Flower Essence combination essences.
- 3 hours of contact by phone or email including module assessment with comprehensive feedback.
- A comprehensive information pack.



ANIMAL HEALING CORRESPONDENCE COURSE

ABFE Product Code: CORRA-AU
RRP: AUD 295.00
Weight: 1580g
Language: English
HS Code: 4901.99

The Animal Correspondence Course deals with the use of Australian Bush Flower Essences for Animals, is self-tutoring and is arranged in nine modules. The material is presented in an easy-to-read format with illustrations.

The course material predominantly concentrates on the most common pet animals - dogs, cats, horses and birds. The primary aim is to ensure that, on completion of this course, the student will have achieved a good basic knowledge of the Bush Essences and a comfortable competency level using the Essences with animals in a wide range of situations.





AUSTRALIAN
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ESSENCES®

Thank You



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